

HHM25

HASTINGS HALF MARATHON



SUN 23 MARCH 2025

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Message from the President of the Lions Club of Hastings



I am delighted and honoured, in my first year as President of Hastings Lions Club, to be involved with this amazing event that continues to bring the local community together and stands as one of the most recognised and prestigious events in the Hastings calendar.

Myself, and my fellow Lions, are thrilled to be again working alongside the Nice Work Team, an established race management company, where we continue to develop and nurture a great and positive working relationship.

The half marathon provides an opportunity and platform for all those who wish to either raise funds for their own personal charities, challenge their own physical fitness or simply run for fun and we admire the dedication and tenacity of all the participants in both the half marathon and the junior mini run.



Hastings Lions Club makes donations throughout the year to many worthy causes both locally, nationally and internationally and your generosity and support for this event allows us to continue supporting the local community and beyond. Since March 2024 we have donated over £44,000 to many needy causes and individuals in Hastings and surrounding areas.

I would like to recognise, acknowledge and thank all those who continue to help with this event such as Hastings Borough Council, area marshals, route marshals, scout and youth groups, local businesses and organisations, computer operators and the many other unpaid volunteers. Without your support this event simply could not take place.

I would also like to extend my thanks and gratitude to all our sponsors, some who have supported us for many years and continue to do so, and a heartfelt welcome to our new sponsors this year. Your support for this event is truly appreciated.

Finally, I wish all those participating the very best of luck in achieving your own personal goals and hope that those watching and supporting the runners on the day enjoy cheering them on with much clapping and smiles. Let's hope that the sun shines!

Hayley Luck
President- Hastings Lions Club

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SCAN ME

Message from Race Director 2025

Nice Work HQ is a hive of activity as we make our final preparations for the 41st edition of the legendary Hastings Half Marathon!

This is our third year helping the Hastings Lions in the organisation and the delivery of this iconic event and it's most certainly our favourite event of the year.



And for so many reasons. We love how the Hastings community come together to help and support our 3000 runners as they pound the challenging 13.1 mile course circling the town. The runners themselves, for whom many are running for a cause close to their hearts, are chasing the challenge (or a course PB) and raising huge amount of money for good causes in the process.

The 300+ kids are worthy of a mention as they take on the one mile in the Mini Run. Seeing them race down the finishing straight to the huge cheers of the crowd is a site to behold. Will we have a future winner of the half marathon among them?

As Race Director, my source of pride is seeing a year's worth of planning come together on the start line. Nothing prepares you for the sight of the never ending start funnel of runners in their colourful club and charity tops, and the odd inflatable dinosaur or Wonder Woman among them. Then the buzz of anticipation as we await sight of the winners along the seafront and then the cheers, you can actually feel the excitement in the air!

But none of this is possible without the help of our 200 strong volunteers, marshals and supporters around the course. We love how many come out of their homes and turn out in this beautiful seaside town to support the runners.

This is what makes the Hastings Half Marathon so special. It's about community and people doing what they love to do. Good luck to everyone taking part on the 23rd March and see you on the start line!

Rachael Wood
Managing Director Nice Work
and HHM Race Director



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From The Mayor

It's a real honour to be able to support the half marathon. Apart from myself all my family have taken part in the race over the years with my eldest son having completed 10 half marathons – mainly thanks, obviously, to my cheering him on!

Working in sport I recognise the amount of time and effort it takes to organise such a successful event and I would like to say well done to all the team, Lions Club, volunteers and marshalls who work together to make it happen.

Finally good luck to all the participants and I look forward to setting you on your way and there to welcome you back and join you in celebrating your individual successes.

Good Luck to all and hoping for good weather.

Cllr Judy Rogers,
Mayor of Hastings.



Pacers

Thank you to our Pacers for this year, this is not an easy task at Hastings, so please thank them afterwards.

They will be noticeable by the flags they will be displaying and their race numbers.

1hr 30	Andy Edwards	2hr 20	Berenice Consavela
1hr 40	Stuart Johnstone	2hr 30	Jessica Cull
1hr 50	Simon Linklater	<u>Cyclists</u>	
2hr	Sarah Bendle		Sarah Chapman
2hr 10	Charles Bowley		Andy Chapman

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5TH PLACE

£100

FEMALE RACE

1ST PLACE

£500

2ND PLACE

£400

3RD PLACE

£300

4TH PLACE

£200

5TH PLACE

£100

BREAK COURSE RECORD - £1000

Mens time to beat - 01:01:37

Womens time to beat - 01:11:13

A Short History of the Hastings Half Marathon Brasses

By John Cattaway,
Hastings Lions – Entries & Results Sec



The famous Hastings Half Marathon Horse Brasses started with the 1998 event sponsored by Hollingsworth Motor Company and for the first few years the theme for the brass was the Battle of Hastings and King Harold.

In 2004 we involved the Cinque Ports with a fishing boat and in 2006 Hastings Castle came into view on the brass. 2007 led to the famous fishing net huts in the old town and in 2008 the East Hill Cliff Lift appeared and also a special brass to celebrate the Hastings Centennial Marathon of 1908 being repeated in 2008.

The 25th anniversary of the event occurred in 2009 and fishing boats appeared again on the 2010 brass. 2011 saw a sand and sandcastle image and in 2012 the famous John Logie Baird of Television history was incorporated together with another special celebrating Hastings hosting the Olympic Torch relay through the town.

One of the celebrated people of Hastings, Grey Owl was given a place on the 2013 brass and 2014 saw the 30th anniversary of the event.



2015 saw King Harold return and also saw a once-only race on the new Hastings to Bexhill link road before it was officially opened. We celebrated the 950th anniversary of the Battle of Hastings in 2016 and Battle Lions had their 'Way to Battle' race across country via fields and roads.



Hastings Pier appeared on the 2017 brass when the pier reopened after a refurbishment and in 2018 the famous 'Ghost of Dunkirk' Lifeboat was depicted and this helped to rescue an estimated 3000 troops from Dunkirk. The 2019 brass featured the sculpture in the Race Gardens of King Harold and his common law wife Edith Swanneck.



Although a brass was produced for the 2020 event depicting Alan Turing, due to covid, it was not until 2022 when the brass was reproduced with Alan Turing again. He spent some of his childhood in Hastings and was considered as the father of modern computer science and developing his BOMBE in regard to working as a codebreaker during the war.



2023 saw Happy Harold trolleybus, a 1928 restored vehicle and the sole survivor of a group of 8 open-top trolleybuses which were in service right up to 1959. And finally this years brass celebrating the 40th anniversary of the race which started in 1984.

“The Spirit of Cricket” Statue



“THE SPIRIT OF CRICKET”.

Unveiled by HER MAJESTY THE QUEEN to celebrate the opening of Priory Meadow Shopping Centre.

Priory Meadow Shopping Centre is built on the site of the former Central Cricket and Recreation Ground on which the game was enjoyed for over 130 years. Commissioned by Boots Properties PLC. Sculptor – Allan Sly FRBS 6th June 1997.

Local resident and cricket enthusiast, Michael Gould recalls the glories of the unique seaside cricket ground that once stood on the site of the Priory Meadow Shopping Centre – and anticipates a shining future for the young guns of Hastings & St. Leonards Priory Cricket Club, the “Community Club.”

As you trundle around Hastings' Boots, Waterstones and M&S, spare a thought for some heroes of the past. The cricketing giants of yesterday are personified by the bronze action figure of a cricketer in the square of Priory Meadow shopping centre, as he almost nonchalantly hooks the ball (which may be seen high on the wall above Hinds, the jeweller's shop) for a six. The ball, strangely, is green, and the player is Ian Botham.

Priory Meadow shopping centre stands on the site of the old Central Cricket & Recreation Ground (1864-1996), where the historic Hastings and St. Leonards Priory Cricket Club played most of its matches before the move to Horntye Park, high up on Bohemia Road. On Horntye's walls hang photographs of some of the most famous international touring cricketers of history together with many Hastings Priory team photographs of the last 50 years: Sir Donald Bradman, Richie Benaud, Sir Denis Compton, Wes Hall, Charlie Griffith and Sir Garry Sobers, together with a host of others look out from these pictures, alongside Priory heroes like Michael Yardy (Sussex & England), the late Alan Oakman (Sussex & England) and Harry Finch (currently playing for Sussex) who have all competed at either the old Priory Meadow, or at Horntye Park. This unique collection of pictures is an inspiration to all who now represent Hastings and St. Leonards at the Priory Club, and seek to become the heroes of tomorrow.

Before the building of the Priory Meadow Shopping Centre, the old ground acted as a magnet for all who loved our Great Game, and during the Hastings Cricket Festival, thousands visited both from Sussex and all over England to watch their heroes in action. While most of the ladies were perhaps shopping or visiting the hairdresser, the men would visit the ground to watch cricket of the very highest quality. Phil Wren, who joined the Club in the late 50's as an apprentice and is still to be found on the steering committee of Hastings & St. Leonards Priory, vividly remembers being schooled in the principles of sportsmanship and recalls Mr. Coote and how the old 'Coote Stand', which honoured his name, was replaced by shops now standing at the bottom end of Queens Road. During the Hastings Cricket Festival, Phil felt privileged to clean the boots and pads of many of the world-famous players present, and even, indeed, to advise visiting captains whether to choose to bat or bowl first from his intimate experience of this seaside wicket.

But for the cricketing sculpture in the square, you wouldn't know that such a celebrated and important arena once stood, green and serene, at this central hub of our historic town. Two World Wars with cruel enemies could not destroy the tradition that was represented here; it was British developers' bulldozers that put an end to it.

The Hastings & St. Leonards Priory Cricket Club has survived to fight another day at Horntye Park's wonderful ground. But as you sit in the square or around Queens Road, resting your weary feet and contemplating a cappuccino, do take a look at the statue of a young man in the prime of life, and remember the remarkable tradition that is so quietly celebrated here in the very centre of Hastings.

First Class Cricket Ground

Now, young men take the place of heroes of the past on the green field at Horntye Park, which when established in 1996 was the first First Class Cricket ground created for 100 years. These young men now compete to return to the First Division of the Sussex Premier League, and will have a fight on their hands to return to the top ranks where so many of their forebears have met with success.



Andy Knight

Race Commentator

We are delighted to have each year a fantastic race commentator in Andy Knight.

We thought you would like to see what the man behind the voice looked like!

Andy is a very experienced commentator and radio presenter, who works a lot for More Radio.



But besides this he is a valued member of Hastings Runners, and a regular volunteer at Hastings Park Run. A good runner in his own right, he has the ability to identify with runners from his own experience. He has run Hastings Half many times.

He tries, with help, to name as many finishers as possible as they go over the finish line, and I am sure you will agree he does an incredible job.

We are very fortunate indeed to have someone with his class and knowledge, who sounds great on The PA system.

Thank you Andy.



A look back on 2024: Seyfu Jamaal and Grace Baker take the title as HHM turns 40!

The HHM turned 40 in style as the event turned red for the ruby year. Seyfu Jamaal and Grace Baker took home the titles in the men and women's race respectively in a day that saw over 3000 entrants celebrate Hastings. Over £50,000 was raised for local good causes and the weather didn't spoil proceedings for once! One of the 10 'Heroes of Hastings', Jeremy Creed, signed off his last HHM after completing every single event in the race's history.

Past Winners - Role Of Honour

1985

1 Derek Stevens 1.06.58, Hastings AC First
Lady: Caroline Horne ,1.16.08 Crawley

1986

1 Derek Stevens 1.06.06, Hastings AC
First Lady: Eva Isaacs, 1.20.10 Arena Brighton

1987

1 Tony Graham, 1.10.15 Hastings Runners
First lady: Ann Marie Fox, 1.18.59, Swansea Harriers

1988

1 David Lewis, 1.03.34, Bury
First lady: Susan Tooby, 1.13.53, Olveston

1989

1 Paul Davies-Hale, 1.02.10, Cannock Chase First
lady: Veronique Marot, 1.13.53, Leeds

1990

1 Paul Davies-Hale, 1.03.11, Cannock Chase
First Lady: Julie Holland, 1.14.17, Sale Harriers

1991

1 Paul Evans, 1.03.30, Belgrave Harriers
First Lady: Glynis Penny, 1.18.03, Cambridge Harriers

1992

1 William Koech, 1.02.36, Kenya
First Lady: Andrea Wallace, 1.13.15, Torbay

1993

1 Eamonn Martin, 1.02.58, Basildon
First lady: Andrea Wallace, 1.11.13 (CR), Torbay

1994

1 Sammy Bitok, 1.03.25, Kenya
First lady, Alison Fletcher, 1.21.21, Dulwich Runners

1995

1 Sammy Bitok, 1.03.20, Kenya
First lady, Debbie Percival, 1.20.49 , GEC Avonics

1996

1 Mark Flint, 1.02.55,Telford
First lady: Debbie Percival, 1.15.02, Canterbury Harriers

1997

1 Ian Cornford, ~ 65.44, Shaftsbury-Barnet
First lady: Caroline Horne,~78.55 Crawley

1998

1 Stephen Kiogoro, 1.02.48,Kenya
First lady: Birhan Dagne, 1.16.30,Ethiopia

1999

1 Samuel Otieno, 1.01.37, Kenya (Course Record)
First lady: Browen cardy-Wie, 1.22.01, Bromsgrove

2000

1 Simon Kasimili, 1.03.45, Kenya
First lady: Esther Kiplagat,1.12.19 Kenya

2001

1 Stephen Ariga, 1.04.11, Kenya
First lady: Andrea Green, 1.17.08, Dartford

2002

1 Simon Kasimili, 1.04.55, Kenya
First lady: Jude Craft, 1.20.17, Oxford

2003

1 Johnston Mururi, 1.03.26, Kenya
First lady: Jane Omoro,1.11.52, Kenya

2004

1 Fred Mogaka, 1.04.26, Kenya
First lady: Hawa Hassein,1.19.51, Tanzania

2005

1 Fred Mogaka,1.04.10, Kenya
First lady: Jo Kelsey 1.18.19, Winchester AC

2006

1 Michael Coleman, 1.06.40 M&M
First lady: Birhan Dagne, 1.15.50, London

2007

1 Philemon Baaru 1.03.22, Kenya
First lady: Birhan Dagne, 1.16.02, London

2008

1 Kiplimo Kimutai 1.05.24, Kenya
First lady: Magdalene Mukunzi Syombua,1.14.20,Kenya

2009

1 Kiplimo Kimutai, 1.05.24, Kenya
First lady: Caroline Hoyte, 1.16.57

2010

Ben Fish(Blackburn Harriers) 1.07.08
Jessica Macrory(Winchester & D.A.C.) 1.21.31

2011

1.Gordon Mugi(Kenya) 1.08.00
1.Rebby Koech(Kenya) 1.15.13

2012

1 Bernard Chemugo(Kenya) 1.06.17
1st Female Jane Muia(Kenya) 1.14.10

2013

1 Peter Emase(Kenya) 1.06.58
First lady: Polline Wanjiku(Kenya) 1.16.39

2014

1 Boniface Kongin(Kenya) 1.04.18
First lady: Gladys Kwambai(Kenya) 1.16.42

2015

1 Sammy Nyokaye(Kenya) 1.05.27
First lady: Mercyline Ondeki(Kenya) 1.12.36

2016

1 Robert Mbithi(Kenya) 1.04.51
First lady: Lenah Jerotich(Kenya) 1.16.51

2017

1 Ben Fish(Blackburn Harriers) 1.09.52 (Very Windy!)
First lady: Sarah Gruber(Invicta East Kent) 1.26.36

2018

1 Adam Clarke(HAC) 1.08.35
First lady: Maria Heslop(Tonbridge AC) 1.21.29

2019

1 Josselin Polini 1.10.56
First lady: Heather Nxoone 1.21.42

2020 & 2021

Did not take place

2022

1 James Baker 1.10.12

First lady: Rachael Mulvey: 1.22.22

2023

1 Charlie Brisley(Newham) and Adam Clarke 1.11.03
First lady: Beth Kidgel (Brighton Phoenix): 1.16.27

2024

1 Seyfu Jamaal (London Heathside) ~ 01:06:48

First lady: Grace Baker (Hastings AC) ~ 01:21:13

FREE SWIM

Freedom Leisure have generously allowed Runners to have a Free Swim at both their Pools on Race Day. Summerfields Pool, Bohemia Rd, Hastings (½ mile inland from The Pier). Ravenside Pool, at Ravenside Shopping Centre, A259 on way from St. Leonards to Bexhill, one mile. Show your Race Number for this special offer.





Without You It Would Not Be Possible - The Lions Thank You



Hastings Direct, Hastings Borough Council, Hastings Observer, Hastings A.C., Hastings Runners, Members of and families of Hastings, Bexhill Lions Clubs, Uckfield Lions, Hastings Police, Hastings & District Scouts Associations, East Sussex C.C., Hastings Ambulance Service, Claremont, RunningHub, St. Leonards Academy, Bo Peep Hotel, McDonald's, Carr Taylor Vineyards, Hastings Bonfire Society, South East Trains, Trade Paints, Meridian Marquees, White Rock Hotel, 1066 Marshals, Simon Jones and Team, Freedom Leisure, Tesco, Laton Technical, ABC Haulage, Hastings Sea Cadets, Premier Travel Chauffeurs, 304 Squadron ATC, BIFFA, Titanium Security Solutions, Oakland Care, 3rd Hastings Scout Group, SEECAMB, Hailsham and SEBI Lions, Dug Out Cafe, All Pacers, EMATS, Raynet, 6th Hastings Scout Group, 9th Hastings Scout Group, 4th Hastings Scout Group, 3rd Hastings Scout Group, Co-Op, Adams & Jarrett, Top Gear Sound, Molly Moyse, Millie Jolley, Funk Fusion Fitness, PCM, Paul Brockington at Blacklands Fire, Shokz, 3D Recruit, IBMG, Hastings Rock Choir and Dende Drummers.



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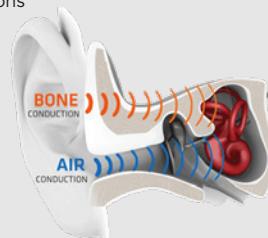
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**OVER £44,422 HAS BEEN DONATED SINCE MARCH 2024
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**Raymond
Grief**



**Sean
Tyler**



**Mark
Watson**



**Philip Carl
Nice**



**Paul
Knight**



**Darren
Barzee**

The 8 runners who have completed every Hastings Half Marathon in it's 41 year history

Record Holder for each of the Veteran Categories

MALE

M40-44	Keith Penny	1.08.18	1991
M45-49	James Baker	1.10.12	2022
M50-54	Peter Mellor	1.13.59	1989
M55-59	Brian Sweeny	1.17.37	1993
M60-64	Stuart Miles	1.21.31	2023
M65-69	Paul Whelpton	1.26.51	2018
M70-74	John Alexander	1.38.07	2005
M75-79	Donald Adie	1.48.27	2003
M80-84	Norman Paul	1.53.21	1999
M85 plus	Thomas MacDonald	2.07.07	2018

FEMALE

FM40-44	Bronwen Cardy-Wise	1.16.04	1993
FM45-49	Clare Elms	1.19.44	2011
FM50-54	Maria Heslop	1.21.28	2018
FM55-59	Clare Elms	1.23.55	2022
FM60-64	Anne Chapman	1.33.43	1996
FM65-69	Susan Garner	1.50.51	2012
FM70-74	Sue Lambert M.B.E	1.50.01	2011
FM75-79	Sue Lambert	2.18.54	2017
FM80-84	Rosemary Parkinson	2.24.43	2022

WHERE THERE'S A NEED THERE'S A LION

What do we do?

Broadly speaking, we raise money and give it away to good causes, as well as running events and assisting other charitable and civic organisations with theirs. Our biggest fund raiser is the annual Half Marathon, but we do other things as well; an annual Golf Day and store collections for Surviving Christmas amongst others.

Who benefits?

Most of the money we raise is spent in Hastings and St Leonards. Come along to one of our meetings and see for yourself.

What is the commitment?

- Two meetings each month.
- A 2 hour business meeting, which we would expect you to attend whenever possible, and a dinner meeting which is not compulsory.
- As much free time as you can spare, but family must come first.

What's in it for you?

Meet new people, make new friends. Help others and gain fun and satisfaction whilst giving something back to your community.

What will it cost?

Approximately £1.50 per week.

Why not join us?

We meet on 2nd Tuesday in the month, at White Rock Hotel, at 7.30pm. Working with other like-minded people and Lions clubs throughout the South East (and beyond) can be great fun and very rewarding.

Since Covid-19 we have still been able to donate over £66,000 to local, national and international needs.



HASTINGS LIONS CLUB
MEETS AT THE
WHITE ROCK HOTEL
IN HASTINGS ON THE
SECOND TUESDAY MONTHLY
AT 7.30PM



CONTACT US

Seeking a grant

csc.hastingslions@gmail.com

MEMBERSHIP

To apply to become a Lion and for more information please visit our website www.hastingslions.org.uk

DONATE

Every donation is gratefully received and for more information please visit our website www.hastingslions.org.uk



LIONS CLUB OF HASTINGS
WE SERVE



The Lions Club of Hastings is **one of over 46,000 clubs** with more than 1.5 million members located in over 200 countries around the world.

Lions Clubs International is a **non governmental service** organisation founded in 1917 by Melvin Jones.

Our club was chartered in 1969 and **serves the Borough of Hastings and St. Leonards.**

Over the past 20 years, the **Hastings club has donated over £1,000,000** to local organisations, community groups and individuals in need, across the borough.

HASTINGS CLUB IS ONE OF
46,000+

MORE THAN 50 YEARS SUPPORTING OUR
COMMUNITY



DONATIONS TOTAL OVER
£1,000,000

Follow Us





SUN 1ST JUNE - 10:00 AM

HASTINGS RUNNERS KEITH CHANDLER 5 MILE MEMORIAL RACE

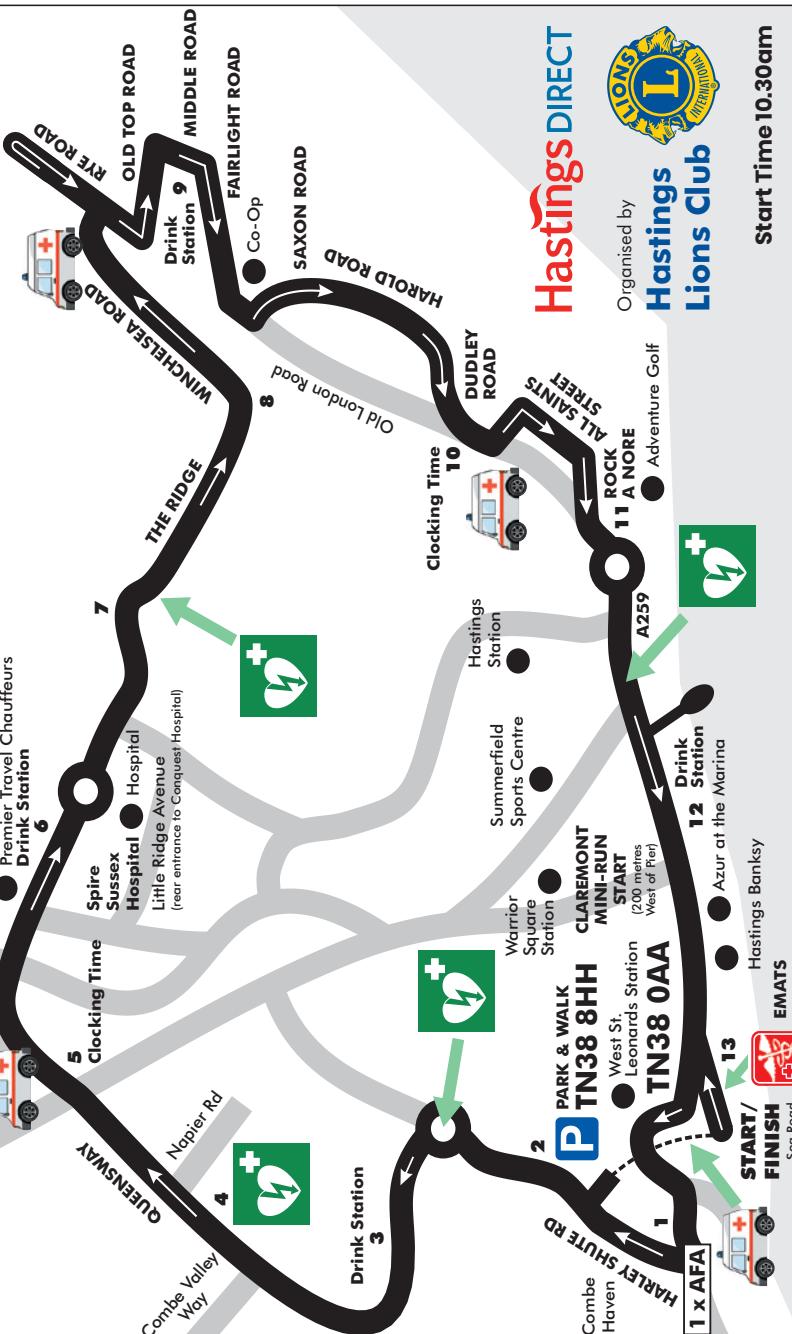
This fantastic seaside race returns for its 18th anniversary year. Starting and finishing in the town centre, the race attracts an average of 400 - 500 participants. This is a flat seafront route, enjoying plenty of sea views along the way.

In memory of former runner Keith Chandler, the race has raised over £70,000 for St Michael's Hospice.

All runners will receive our newly designed medal, which has been sponsored this year by local company 'Medica Group.' There are also opportunities for various age cat/winners trophies and awards.



2025 Hastings Half Marathon Route





**Unique Souvenirs of the event available for sale
in marquee on race day or by post and online**

Purchase your martingale to present your brass medals, available on the Nice Work website.

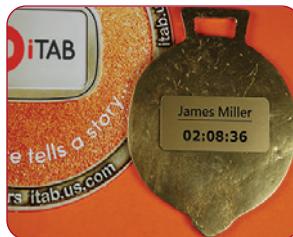
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1 Martingale	£5
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If you still need to order your iTAB engraved with your name and finish time visit the [Nice Work website](#).



Runners 2025

List of Runners showing Race Number and either UK Athletics Club, Team or Town

1	Sylvia Huggett	Hastings Runners	63	Oliver Ashton Hill	London
2	Stephen Roper	West Fire & Rescue	64	Paul Astell	Hastings
3	Raymond Grief	St Leonards on Sea	65	Luke Atkinson	Rye
4	Sean Tyler	Hastings	66	Abi Atkinson	PGCI Coaching
5	Mark Watson	Bexhill-on-Sea	67	Karl Attwater	Bexhill-on-Sea
6	Philip Carl Nice	St. Leonards-on-Sea	68	Cerstie Attwood	Pevensey
7	Paul Knight	Hastings	70	Nick Attwood	Hastings Runners
8	Darren Barzee	Hastings Runners	71	Duncan Austin	Lonely Goat RC
11	Elizabeth McMahon	Robertsbridge	72	Stuart Austin	Fordy Runs Running Club
12	Shellie A Marshall	Eastbourne Run Wed	73	Edward Avann	Rye
13	Nicola Abbey	Tonbridge	74	Sam Avard	Robertsbridge
14	Josh Aberhart	London	75	William Avard	Battle
15	Toks Abiose	London	76	Susan Aves	Springfield Striders
16	Rochelle Abraham	Bexhill-on-Sea	77	Luke Ayliffe	Polegate
18	Paul Acres	Faversham	78	Alfie Ayliffe	Polegate
19	Craig Adams	St. Leonards-on-Sea	79	Nina Ayres	St. Leonards-on-Sea
21	Ian Adams	Holsworthy	80	Ronan Ayres	Hailsham
22	Des Agyekumhene	London	81	Aneira B-D	Hastings Runners
23	Truman Ainsley	St. Leonards-on-Sea	82	Bobby Babakar	Cambridge Harriers
24	Tim Ainsley	Eastbourne	83	Jane Backhouse	Retford
25	Jade Akehurst	St. Leonards-on-Sea	84	Leanne badrock	HY Runners
26	Lucianne Albrecht	Arruners RC	85	Maxine Badrock	St. Leonards-on-Sea
27	Tabitha Albrecht	Arruners RC	86	Roland Baines	Hastings Runners
28	Callum Aling	St. Leonards-on-Sea	87	Daniel Baines	Hastings
29	Alicia Aling	St. Leonards-on-Sea	88	James Baker	Chichester Runners & A.C.
30	Luke Allchin	Chatham	89	Camilla Baker	London
31	Martin Allchin	Sheerness	90	Grace Baker	Hastings AC
32	Sam Allen	St. Leonards-on-Sea	91	Ryan Baker	St. Leonards-on-Sea
33	Henry Allen	Winchelsea	92	Anna Baker	Tea Orange
34	Tim Allen	Rye	93	Jason Baldock	Bexhill
35	Dan Allen	St. Leonards-On-Sea	94	Chelsea Bali	Bexhill-On-Sea
36	James Allen	Bexhill Runners & Triathletes	96	Stuart Balkham	St. Leonards-on-Sea
38	Esther Ambrose-Dempster	London	97	Peter Ball	Hastings
39	Peter Amos	Orpington Road Runners	98	Mark Ball	London
40	Harry Amos	Putney	99	Trine Balland	London
41	Finbarr Anastasiou	london	100	Nicholas Ballon	St. Leonards-on-Sea
42	Sian Anderson	Lancing	101	Chris Balmer	Crystal Palace Fun Runners
43	Alison Anderson	Hastings Runners	102	Ian Balmer	Crowborough Runners
44	Julia Anderson	Crystal Palace Fun Runners	103	Gabor Banfai	Marshall Milton Keynes AC
45	Russell Anderson	B2R Coxheath	104	Donna Banfield	Hastings
46	Anthony Anderson	Eastbourne Rovers Ac	105	Daniel Banfield	Hastings
47	jonathan andrews	Run Wednesdays	106	Tom Banks	HY Runners
48	Sue Andrews	Hastings Runners	107	Lottie Barclay-Osmond	St. Leonards
49	Agnieszka Andrzejak	Stowmarket Striders RC	108	Glenn Barden	Croydon Harriers
50	Sarah Curd	20:20 Running Club	109	Karen Barden	20:20 Running Club
51	Anne Anscomb	Uckfield Runners	110	Shay Barker	Hove
52	Claire Apperly	20.2	111	Dave Barker	Rye
53	Rik Appleby	Shoreham-by-Sea	112	Grace Barker	Rye
54	Kim Appleford	St. Leonards-on-Sea	113	Phoebe Barker	Constant Pursuit Run Club
55	Kelly Apps	Hastings	114	Sofe Barker	Bexhill-on-Sea
56	Sarah Archer	Lewes	115	sophie Barnard	Hastings
57	Oliver Archibald	St. Leonards-on-Sea	116	James Barnes	Hastings
58	Katie Arnold	Eastbourne Rovers Ac	118	Nick Webb	Hastings Runners
59	Kim Ash	Canterbury Harriers	119	Josie Barnes	Pevensey bay
60	Jeff Ashcroft	Hastings	120	Nick Barnett	Sittingbourne
61	Victoria Ashford	Hastings	121	Chris Barracough	Hastings Runners
62	Charles Ashford	London	122	Adrian Barratt	Hastings Runners

123	Alessandro Barreca	Bexhill-on-Sea						
124	Mike Barrie	Stratford-Upon-Avon Athletics						
125	Lucy Barrie	Hastings						
126	Norine Barrios	Cranbrook						
127	Timothy Barrow	Bexhill Runners & Tria						
128	Jack Barry	Hastings						
129	Alex Bartlett	Hastings						
130	Amanda Bartlett	Arruners RC						
131	Jade Bartlett	Hastings						
132	Jake Barton	St. Leonards-on-Sea						
133	Carl Barton	Hailsham Harriers						
134	Rowan Barton-Dibble	Hastings Runners						
135	Sophie Barton-Hawkins	Hastings						
136	Charleigh Barulis	Robertsbridge						
137	Damian Basey	Bishop's Stortford						
138	Rory Bateman	Bristol & West						
139	Alexandra Batkin	St. Leonards-on-Sea						
140	Neil Batt	Eastbourne						
141	Shaun Bayard	Hastings						
142	Isaac Bayne	London						
143	Steven Beach	St. Leonards-on-Sea						
144	Debbi Beadle	Hadtings						
145	Sarah Beale	Hailsham						
146	Susan Beaney	Beginners2Runners						
148	Jacob Beaney	Sittingbourne						
149	Charlotte Beard	Rye						
150	Daniel Beardsley	London						
151	David Beaton	Rye						
152	Matthew Beaver	St. Leonards-on-Sea						
153	Andrew Beavis	Grijsloke, belgium						
154	Nigel Beer	Tonbridge						
155	Ella Beevis	Eastbourne						
156	Bobby Beevis	Eastbourne						
157	Tom Bell	Seaford Striders Running Club						
158	Wendy Bell	St Leonards-on-Sea						
159	Dexter Bell	St. Leonards-on-Sea						
160	Rob Bell	North Herts Road Runners						
161	Sarah Bendle	Hastings Runners						
162	Natasha Benmoussa	Steyning						
163	Greg Bennett	Oakley Diamonds Captains						
164	Gary Bennett	HY Athletic Club						
165	Emma Benton	Hastings						
166	Patrick Bermingham	Hastings Runners						
167	Serena Berrett	St. Leonards-on-Sea						
168	Julia Berry	Met Police Athletics Club						
169	Gabrielle Best	St Leonard's On Sea						
170	Gene Best	St Leonard's On Sea						
171	Colin Bewes	Hastings Coastguard						
172	Daniel Bhamra	Aylesbury						
173	Abbie Bible	St. Leonards-on-Sea						
174	Nathan Biddiss	Hastings						
175	Amy Biddle	Rye						
176	George Biggs	Brighouse						
177	Megan Bignall	London						
178	Gemma Bingham	Heart & Sole Running						
179	Leanne Bishop	Hastings						
180	Janine Bishop	Seaford Striders RC						
181	Anthony Bishop	Maidstone Harriers						
182	Andy Bishop	Bexhill Runners & Triathletes						
183	Kirsty Bishop	Hatfield						
184	Peter Black	Marple Runners						
185	George Black	Battle Town FC Runners						
186	Max Blackburn	Arrunners RC						
187	Paula Blackledge	Brighton and Hove AC						
188	Terry Blake	Brighton						
189	Oliver Blanks	RunWednesdays						
191	Perry Blizzard	St. Leonards-on-Sea						
192	Nick Blogg	Burgess Hill						

We are pleased to announce that Rob Magri of Premier Travel Chauffeurs (airport and long distance specialists) are putting up Bonus Prizes of £1000 for the first male and female athletes to break their respective course records.



PREMIER
TRAVEL CHAUFFEURS
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193	Lucy Blythe	Bexhill on Sea	247	Sean Bridger	London
194	Andrew Bolton	Redhill	248	Jamie Brinkhurst	Lewes
195	Theona Bonsi	St Leonards on sea	249	Amelia Bristow	Robertsbridge
196	Edward Booker	Aylesbury	250	Dom Bristow	Tunbridge Wells
197	Tim Boone	Arruners RC	251	James Bristow	Tunbridge Wells
198	Jonathan Boorman	Heathfield	252	Kevin Brocklebank	Leeds
199	Rhys Boorman	Hastings AC	253	Kirsty Brookes	Hastings
200	Lily-Ann Boorman	In2play	254	Kieran Brooks	Hastings Runners
201	Keira-jade Boorman	Hastings	255	Lucy Brooks	Littlehampton
202	Rhiannon Boorman	Hastings	256	Mark Brooks	Littlehampton
203	Ollie Boothroyd	Tonbridge	257	Fenella Brown	Crystal Palace Fun Runners
204	Harry boreham	Hastings	258	Cameron Brown	Eastbourne
205	Martijn Bosch	Folkestone	259	Richard Brown	Oxford
206	Carolyn Bosch	Folkestone	260	Craig Brown	Battle
207	Paul Boseley	St Leonards on Sea	261	Wesley Brown	Hastings
208	Kai Bossom	St Leonards on Sea	262	Michelle Buchan	Eastbourne
209	Andy Bottle	Hastings	263	Aaron Buckley	St. Leonards-on-Sea
210	Samantha Bottle	Hastings	264	Nick Buckley	Tunbridge Wells
211	Sean Bottomley	HY Athletic Club	265	Hayley Bird	Heart & Sole Running Group
212	Michael Boulton	London	266	Maisy Bull	Camber
213	Aaron Bourner	HY Runners	267	Steven Bull	Greenhithe
214	Hadley Bourner	Fordy Runs Running Club	268	Marcello Burbante	London
215	Graham Boutell	Tunbridge Wells	269	Rochus Bürge	Sennhof
216	Harry Boutell	Tunbridge Wells	270	Milena Bürge	Sennhof
217	Stephen Boutell	Tunbridge Wells	271	Samantha Bürge	Swaledale Runners
218	James Bowell	Stragglers Running Club	272	Stacey Burgess	St. Leonards-on-Sea
219	Kathryn Bowen	Hove	273	Imogen Burman-Mitchell	Wadhurst Runners
220	Michele Bower	Hastings	274	Sam Burne James	Wadhurst
221	Reece Bowie	Eastbourne	275	Alastair Burnett	Bexhill-on-Sea
222	Charles Bowley	Hastings Runners	276	Olivia Burney	London
223	Amy Boyd	St. Leonards-on-sea	277	Matt Higglesden	Gillingham
224	Marie-Helene Boyd	St. Leonards-on-Sea	278	Charlie Burns	St. Leonards-on-Sea
225	Karl Boyd	Bexhill	279	Robert Burns	St. Leonards-on-Sea
226	Craig Boyd	Bexhill	280	John Burns	Brighton
227	Dno Boyd	Bexhill	281	Daniel Burrage	Eastbourne
228	Ben Boyle	Hailsham	282	Lauren Burrows	St Leonards
229	Christina Bracewell	Run Wednesdays	283	Jared Lusted	Bexhill-on-Sea
230	Paul Brackston	Brighton	284	Samuel Burton	Ashford
231	Paul Bradbury	Rye	285	Eleanor Busby	Bexhill On Sea
232	Nathan Bradley	Hastings	286	Emma Bushby	St. Leonards-on-sea
233	Iris Braeckman	Eastbourne	287	Julian Buss	Bexhill-on-Sea
234	Mark Braithwaite	Shoreham-by-Sea	288	Leanne Butcher	Tonbridge
235	Tom Brampton	HY Athletic Club	290	Chris Butler	Battle
236	Louis Brandham	Bedford	291	Matt Button	St. Leonards-on-Sea
237	Chris Brandt	Sussex Premier Health	292	Tash Byrne	Bexhill-on-Sea
238	Rebecca Brann	Hailsham	293	Richard Byrne	Hastings
239	Dan Brasier	St. Leonards-on-Sea	294	Samantha Cadey	Hastings
240	Susie Bray	St. Leonards-on-Sea	295	Ashley Cahill	Bexhill-on-Sea
241	Nick Bray	Caterham	296	Joanna Cain	RunWednesdays
242	Damen Brazier	Rye Runners	297	James Cain	Tunbridge Wells
243	Frank Brennan	Tri Tempo Eastbourne	298	Stephen Calladine-Evans	Bexhill
244	Nicola Brennan-Wright	Bexhill-on-Sea	299	Stefan Callaghan	Hucknall Harriers
245	Glenn Brett	Herne Bay	300	David Callaghan	Hastings
246	Jamie Brett	Herne Bay	301	Claire Callaghan	St. Leonards-on-Sea

Finishing and Results: WITHIN SECONDS OF YOU FINISHING,
 you can find out live 'online' your finishing position and time by going
 to our website www.nice-work.org.uk and clicking on Results.

302	John Callaghan	Hastings	365	Peter Clarke	Brighton
303	David Calvert	Rhondda Valley Runners	366	Charlie Clarkson	St. Leonards-on-Sea
304	Rhys Cameron	Rhys Cameron	367	Ben Clarkson	Petts Wood Runners
305	Alexander Campbell	Hastings	368	Derek Claydon	Swansea
307	Colin Campbell	Hailsham	369	Harry Clewley	Uckfield
308	Gemma Campbell	St Leonards-On Sea	370	Robbie Clifford	St. Leonards-on-Sea
309	James Canham	Worthing	371	Michael Cloke	Gravesend
310	Ella Cantor	Tenterden	372	Sophie Cloute	Hastings
311	William Carey	Bexhill Runners & Triathletes	373	John Cockcroft	Bexhill-on-Sea
312	Sue Palmer	Hastings Runners	374	James Cockerham	Maidstone
313	Owen Carley	Rye	375	David Cockings	Stratford
314	Kirstie Carlton-Blake	Hastings Runners	376	Simon Coffey	Folkestone Running & AC
315	Eddie Carr Taylor	Robertsbridge	377	Rachael Cole	St Leonards On Sea
316	Ewan Carradine	Godalming	378	Gerda Cole	St Leonards On Sea
317	Alba Carreras Millan	Richmond	379	Barry Coleman	St. Leonards-on-Sea
318	Philip Carrington	Hastings	381	Jake Coleman	Constant Pursuit RC
319	Martin Carter	St. Leonards-on-Sea	382	Lauren Collings	St. Leonards-on-sea
320	Thomas Carter	Haywards Heath	383	Mark Collings	Saint Leonards-on-sea
321	Clara Carter	Rebel Runners Medway	384	Ben Collins	Etchingham
322	Paul Carter	New Romney	385	Arthur Collins	Hailsham Harriers
323	Gemma Carter Collins	Ashford AC	386	Sam Collins	Battle
324	Carla Casadei	Black Girls Do Run Uk	387	Stephen Collins	Wantage
325	Katie caserta	Hastings queer runners	388	Liam Collins	Hastings
326	Karen Castle	Eastbourne	389	Nicola Collyer-Rolls	Brighton
327	Tom Castle	Tonbridge	390	Lucy Colwell	Hastings
328	Chris Castleman	HY Runners	391	Darren Comeau	Vegan Runners
329	Tom Cauvain	London	392	Harry Compton	Etchingham
330	Rich Cave	Seaford	393	Millie Compton	Wadhurst Runners
331	Kat Chamberlain	Seaford Striders RC	394	Chris Connor	Bexhill-on-Sea
332	Sally Chambers	St. Leonards-on-Sea	395	Chris Connor	St. Leonards-on-Sea
333	Maricel Champion	East Sussex	396	Richard Connor	Pontfadog
334	Julie Chapman	Hastings	397	Patrick Connors	Lordshill Road Runners
335	Erik Chapman	St. Leonards-on-Sea	398	Berenice Consavela	Hastings Runners
336	Alfie Chapman	Gavin Moyce	399	Sam Nason	Sidcup
337	Amie Chapman	Battle	400	Lynn Cook	Beginners2Runners Leybourne
338	George Charman	St. Leonards-on-Sea	401	Sarah Cookson	Hastings Runners
339	Richard Charman	Maidstone	402	Nicholas Coombs	BEXHILL-ON-SEA
340	Ashley Chatfield	Hailsham	403	Jenny Coombs	Bexhill-on-Sea
341	Harry Chatfield	Hailsham	404	Natalie Coope	Hassocks Comm. Runners
342	Lucy Chatham	Hastings AC	405	John Cooper	Canterbury Harriers
343	Emily Cheeseman	St. Leonards-on-Sea	406	Sarah Cooper	Crowborough Runners
344	Matthew Cheney	Tri Tempo Eastbourne	407	Davinia Hill	Hastings Runners
345	Christopher Cheney	Tenterden	408	Paul Cooper	Hastings Runners
346	Helen Chipchase	Hastings	409	Catherine Cooper	Ripley
347	Alex Chipperfield	Canterbury	410	Chloe Cooper	Hastings
348	Claire Chiverrell	St. Leonards-on-Sea	411	Auraelia Copley	Bexhill-on-Sea
349	Paul Choi	Eastbourne	412	Susan Corcoran	Crystal Palace Fun Runners
350	Gary Chown	Uckfield Runners	413	Stephen Cornford	HY Athletic Club
351	Andrew Chung	London City Runners	414	John Corp	London
352	David Churcher	Dorking	415	Hannah Correia	St. Leonards-on-Sea
353	Leon Claesen	Idenman	416	Cheryl Costello	Lancing Eagles RC
355	Harriet Clapp	Canterbury	417	Melissa Cote	St. Leonards-on-Sea
356	Tom Clare	Winchelsea Beach	418	Phil Cox	St. Leonards-on-Sea
357	Robert Claridge	St. Leonards-on-Sea	419	Elliot Cox	Buckley Runners
358	Debbie Clark	Hastings Runners	420	Andrew Cox	Orpington
359	Alex Clark	Bexhill-on-Sea	421	Thomas Cox	Orpington
360	Jonathan Clark	Lonely Goat RC	422	Martyn Craddock	Seaford Striders RC
361	Paul Clark	Rebel Runners Medway	423	Tara Craddock	St. Leonards-on-Sea
362	Tim Clarke	Battle	424	Sophie Cradduck	Hastings
363	Cameron Clarke	Bexhill	425	Sarah Craft	Lewes
364	Kim Clarke	Hastings	426	Josh Craig	Hastings

428	Belinda Cramp	Hailsham Harriers
429	Lucy Crane	Eastbourne
430	David Crane	Surrey Walking Club
431	Evan Crang	St. Leonards-on-Sea
432	Harriet Craven	Tenterden
433	Shaun Creasey	Bexhill on sea
435	Sam Crisp	Uckfield
436	Emma Critchley	Sevenoaks
437	Neville Critoph	Veterans Athletic Club
438	Caroline Croft	Hastings
439	Kate Crofton	Robertsbridge
440	Samantha Crompton	RunWednesdays
441	Anthony Cropper	Doncaster
442	Julia Cropper	Doncaster
443	Holly Crosby	St. Leonards-on-Sea
444	Millie Crosby-Foord	St. Leonards-on-Sea
445	Peter Crotch	Hastings
446	Barry Crouch	Bexhill-on-Sea
447	Jodie Crouch	20:20 Running Club
448	Aimee Croucher	Hastings
449	Alan Croucher	Hastings Runners
450	Callum Crow	North Shields
451	Joanna Cruttenden	Vegan Runners
452	Graham Chapman	Heathfield Rd Runners
453	Nick Cryne	Woking
454	Connor Cudmore	Hastings
455	Jessica Cull	Hastings Runners
456	Bethany Cullen	Rye Runners
457	Ella Cullis	St Leonard's on sea
458	Duncan Curtis	Brighton & Hove City AC
459	Liberty Curtis	Hastings
460	Dave Curtis	Hastings
461	Skye Curtis	Bexhill on sea
462	Alan Cutting	At Leonard's-on-sea
463	Mark Cutts	Maidstone
465	Aimee Dale	Hastings
466	Ashley Dales	Hastings
467	Tilly Daly	Bexhill-on-Sea
468	Katrina Darby	Hastings
469	Louis Dargan	St. Leonards-on-Sea
470	John Darling	Haywards Heath
471	Anthony Davey	Eastbourne Rovers Ac
472	Simon Davey	Axe Valley Runners
473	Mark Davey	Nej running club
474	Callum Davidson	Battle
475	Simon Davie	Eastbourne Run Wednesday
476	Charlie Davies	St. Leonards-on-Sea
477	Adam Davies	Hailsham Harriers
478	Sam Davies	Hastings Runners
479	Neil Davies	Longfield
480	Sachin Davis	Hastings
481	Kevin Davis	Battle
482	Aaron Davis	Hastings
483	Richard Davis	Eastbourne Rovers Ac
484	Amanda Davis	Seafront Shufflers
485	Jack Davis	Hook
486	Emma Dawson	Tenterden
487	Helen Dawson	Eastbourne
488	Lleighton Dawson	Hastings
489	Edward Dawton	St. Leonards-on-Sea
490	Luke Day	Hastings Runners



491	Peter De Kegel	Born Ready Fitness	558	Georgina Earthy	West Norwood
492	Lothar De Kegel	Halle	559	Steve Eastby	Run Academy Worthing
493	Billie De Kegel	Born Ready Fitness	561	Hannah Edleston	Run Wednesdays
494	Robert de Smith	Hastings	562	Kim Edmonds	Hastings
495	Sonia de Sousa	Hastings	563	Andy Edmonds	Hastings
496	Clive de Vulder	Wadhurst Runners	564	William Edmondson	Hastings Runners
497	Justin Dean	Hatfield	565	Yasmin Edwards	Hastings
498	Tom Decuyper	Oudenaarde Fire Dept	566	Paul Edwards	Crowhurst CP
499	James Dees	Worthing	567	Dean Edwards	Bexhill On Sea
500	Ryan Delaney	Colchester	568	Mark Edwards	St. Leonards-on-Sea
501	Pauline Delaney	Vegan Runners	569	Charlie Edwards	Pevensey
503	Mike Delpeache	Hastings	570	Susie Edwards	Battle
504	Frances Delves	Hailsham Harriers	571	Matthew Edwards	Haywards Heath
505	Eugenie Demeza	Hastings Hellbell Netball	572	Jack Edwards	Pevensey
507	Sarah Denman	St. Leonards-on-sea	573	Andy Edwards	Run Wednesdays
508	Robert Dennis	Hastings Runners	574	William Eiler	Hastings
509	Maria Dennis	Hastings	575	Julie El-Bahrawy	Sutton Runners
510	Joseph Denny	St Leonards-on-sea	576	Hannah Elford	Bexhill-on-Sea
513	Rob Derrick	Seaford	577	Nick Elford	Rob Elford Fitness
514	David Devlin	Dulwich runners	578	Joe Elkins	London
515	Oliver Dicken	St. Leonards on sea	579	Will Ellin	Battle
516	Tracy Dickenson	Sevenoaks	580	David Elliott	St. Leonards-on-Sea
517	Ian Dickinson	Horsham Joggers	581	Stephen Ellis	Hove
518	Kevin Dickinson	Newhaven	582	James Ellis	St. Leonards-on-Sea
519	Amy Dickinson	Hastings	583	Kathy Ellis	Hove
520	Charles Dickinson	Hastings	584	Christine Ellison	Brighton
521	Hayley Dickson	Hastings	585	David Ellison	Westerham
522	Lieven Dieusaert	Oudenaarde Fire Dept	586	Thomas Ellison	Westerham
523	Colin Differ	Brighton	587	Carly Ellison	Hastings Runners
526	Peter Dobbs	St. Leonards-on-Sea	588	Jon Ellwood	St. Leonards-on-Sea
527	Holly Docherty	Horsham	589	Christopher Elms	Northwood
528	Ellie Docksey	St. Leonards-on-Sea	590	Jonathan Elsom	Hove
529	Adrian Doig	Ipswich	591	Amy Ely	Robertsbridge
530	Caleb Dolding	Hastings	592	Karig Ely	Robertsbridge
531	Jenna Dominique	London	593	Richard Ely	Robertsbridge
532	Luke Donaghey	Hastings Runners	594	Rhiannon Emary	London
533	Aimee Donohue	Ashford Striders	595	Mia Epps	St Leonards-On-Sea
534	Sharon Donovan	Lewes Athletics club	596	Javier Escalante	London
535	Alex Dooley	St. Leonards-On-Sea	597	Marco Esposito	Battle
536	Finley Dorling-Parkes	Bexhill-on-Sea	598	Francesco Esposito	Hastings Runners
537	Donna Dormer	Hastings	599	Francesco Esposito	St. Leonards-on-Sea
538	David Downes	Brighton	600	Zane Etches	Rye
539	Laura Downham	Vegan Runners	601	Mark Evans	Eastbourne
540	Sam Drake	Bournemouth	602	Sarah Evans	Bexhill-on-Sea
541	Henry Drake	Amman Valley Harriers	603	Samuel Evans	Hastings Runners
542	Matt Dray	Enfield	604	Michael Evans	St. Leonards-on-Sea
543	Robert Drew	Lewes	605	John Everest	Crowborough Runners
544	Gaby Drinkwater	Crystal Palace Fun Run	606	David Every	Battle
545	Chris Duffield	Tunbridge Wells	607	Kurt Excell	Bexhill-on-Sea
546	Chris Duncan	Solihull	608	Hannah Eyre-Weeks	Run Club Bexhill
547	Mat Duncan	Haywards Heath	610	Adam Fairbrother	St. Leonards-on-Sea
548	Stephanie Dungate	Cambridge Harriers	611	David Fairclough	St. Leonards-on-Sea
549	Mark David Dunn	Hastings Runners	612	Zoe Fairclough	Hastings Runners
550	Abby Dunn	Hastings	613	Jez Fallon	Lancing Eagles
551	Morwenna Dunstan	Plymouth	614	Kristina Farrall	Wandsworth
552	Hannah Dunt	Wadhurst Runners	615	Marc Farrant	Robertsbridge
553	James Durling	London	616	Ben Farzaneh	London
554	Charlotte Durtnall	Bexhill	617	Louise Faulkner	St. Leonards-On-Sea
555	Michael Dutton	Hastings	618	Joanne Fellows	Hastings Runners
556	Tony Dyer	Epsom	619	Rob Ferguson	Ashford
557	Matthew Earll	Bury St. Edmunds	620	Margot Fernau	Heathfield

621	Lydia Ferrari Kehoe	Nottingham	685	Joseph Gadd	London
622	Ryan Field	Bexhill-on-Sea	686	Sonny Gage	Lewes
623	Charlie Fieldwick	Brighton	687	Olivia Gale	St. Leonards-on-Sea
624	Michael Filler	Hastings	688	Dean Gallacher	Bexhill
625	Paul Finch	Hastings	689	Jack Galliers	Hastings
626	Chris Findlay Geer	Polegate Plodders	690	Luke Gallivan-Young	Eastbourne
627	Craig Firth	St. Leonards-on-Sea	691	Karly Gander	Hastings
628	Danny Firth	Hastings Runners	692	Sally Gander	Hastings
629	Jamie Fisher	Rye	693	Sally Gander	Hastings
630	Callum Fisher	Hastings	694	Finlay Garlick	Hastings Runners
631	Luke Fisher	Hastings	695	Fayth Garlick	Hastings Runners
632	Monica Fisk	Collingwood AC	696	Elektra Garvie Adams	London
633	Myles Fitchett	St. Leonards-on-Sea	697	Rob Gaygan	Ashford
634	Liam Fitzgerald	St. Leonards-on-Sea	698	Andrew Gedge	Rye
635	Eva Fiz	Orpington	699	Emma Gendall	Bexhill-on-Sea
636	Faye Flaherty Martin	HY Athletic Club	700	Finley Geraghty	Bexhill-on-Sea
637	Mark Flay	Battle	701	Konrad Gesikowski	London
638	George Fleet	Rye	702	Janet Gethin	Vegan Runners
639	Andrew Fleming	Hastings	703	Claire Gibbons	Stamford
640	Matt Fleming	London	704	Emily Gibson	Uckfield
641	Amanda Fletcher	Vegan Runners	705	John Colin Gill	
642	David Fletcher	Battle	706	Karen Gillett	Newhaven
643	Martyn Flint	Crawey Saints and Sinners	707	William Gilliatt	Grimsby
644	Beth Flisher	Maidstone	708	Oana Giuverdea	Hastings
645	Brett Flitter	Brighton	710	Kevin Gladwin	MM Running
646	Juan Pablo Flores	London	711	Nick Glazier	Weybridge
647	Joseph Florish	Bishopstoke	712	Charmaine Goacher	Hastings
648	Oliver Flynn	London	713	Nathan Godden	Hastings Runners
649	Helen Fogarty	London	714	Samantha Goffin	Orpington Rd Runners
650	Helen Foord	Bexhill-on-sea	715	Charlie Goffin	Sevenoaks
651	Ryan Foord	Constant Pursuit Run Club	716	Seb Golding	Sidcup
652	Paul Ford	Dunblane	717	Mark Goldring	St Leonards
653	Chris Ford	Eastbourne	718	Adam Goldstone	Etchingham
655	Fidelma Forrest	Beckenham	719	Alec Goldstone	Etchingham
656	Dawn Forsythe	Hastings	720	Anne Goldstone	Etchingham
657	Jack Foster	Orpington	721	Rai Gonzales	St. Leonards-on-Sea
658	Arron Foster	Hastings	722	Ellie Gooch	Robertsbridge
659	Kevin Foster	Newhaven	723	Lee goodall	Hastings
660	Kieran Foster	Newhaven	724	James Goodgame	London
661	Penelope Foster	St Leonards on sea	725	Michael Goodsell	Hastings
663	Sarah Foster	Hastings	726	Keith Goodsell	Hastings Runners
664	Trevor Foster	Hastings	727	Kate Eloise Goodsell	Bexhill-on-Sea
665	Liam Foster	Bexhill-on-Sea	728	Peter Goodsell	Hastings
666	Anna Fowler	Bromley	729	Holly Goodson	Winchelsea
667	Sandra Fowle	Hailsham Harriers	730	Jamie Goodwin	Bexhill-on-Sea
668	Michelle Fox	St. Leonards-on-Sea	731	David Goodwin	Twickenham
669	Turin Fox	St Leonards On Sea	732	Daniel Gorman	Sutton Coldfield
670	Penelope Fox	Ashford	733	Charlotte Gorman	Sutton Coldfield
671	Sara-Jane Fox-Tuck	Battle	734	Maria Gosden	St. Leonards-on-Sea
672	Simon Franklin	Hastings	735	Clive Gotley	St. Leonards-on-Sea
673	Mark Franks	Ashford	736	Luke Gower	Eastbourne
674	Hector Fraser	London	737	Rachel Gower	Hastings Runners
676	Jo Freeman	St. Leonards-on-Sea	738	Mark Gradwell	Staplehurst Running Club
677	Jenna Louise French	HY Runners	739	Lorna Graham	Hythe
678	Bradley Frewin	London, UK	740	James Graham	Bexhill Runners & Tria
679	Wes Frewin	Newton Abbot	741	Samuel Graham	West Malling
680	Dan Friel	St. Leonards-on-Sea	742	Clair Graham	Brighton
681	Tony Friend	Hastings	743	Paul Graham	Hastings
682	Simon Fry	Hastings Runners	744	Alexandra Graham	Hastings
683	Harry Fulbrook	Markfield	745	Tom Grain	BRISTOL
684	Jacob Funnell	Hastings Runners	746	Stewart Grant	Wigton

747	Graeme Grass	Hastings Runners	809	David Harris	Seaford
748	Michael Grass	Bexhill-on-sea	810	Emma Harris	Tamar Trotters
749	Alison Gray	Hastings Runners	811	Kimberley Harris	Hastings
750	William Piggott	Constant Pursuit Run Club	812	Tom Harris	Plumpton
751	Leon Greck	Polegate Plodders	813	Vinnie Harrison	Hastings
752	Megan Green	Hastings	814	Katy Harrison	Hastings Runners
753	Natasha Green	Hastings	815	Trevor Harrison	Sheerness
754	Philip Green	Bexhill-On-Sea	816	Jo Harrod	HY Athletic Club
755	Josh Green	St. Leonards-on-Sea	817	Vanessa Harrold	Heathfield Runners
756	Yasmin Green	Steyning	818	Sharna Hart	St. Leonards-on-Sea
757	Callum Greenfield	Hastings	819	Tessa Hart	St. Leonards-on-Sea
758	Keith Greer	Hook	820	Louise Hart	Battle
759	Kevin Gregory	South Kent Harriers	821	Shiva Hart	Hastings
760	Harvey Grey	Hastings	822	Ryan Harvey	Maidstone
761	Brendan Griffin	Oxted	823	Jodie Harwood	Hastings Runners
762	Jake Griffiths	St. Leonards-on-Sea	824	Andrew Haslam	Brighton Phoenix
763	Evelyn Griffiths	RunWednesdays	825	Cara Hastings	Carbondale
764	James Griffiths	RunWednesdays	826	Allison Hastings	San Francisco
765	Laura Grove	Uckfield Runners	827	Joanna Hatton	Hastings Runners
766	Kirstie Groves	Eastbourne	828	Pete Hawes	Hitchin
767	Matthew Grzenda	Plymouth Musketeers RC	829	Goldie Hawkins	Battle
768	Joseph Guez	St. Leonards-on-Sea	830	Scott Hawkins	Ashford Striders
769	Liam Gunner	Eastbourne Rovers Ac	831	Vicky Hayesmore	Brighton Women's RC
770	Grace Gurr	Hastings AC	832	Michael Hayler	Hastings
771	Nicola Gwatkin	Hastings	833	Dorian Hayles	St. Leonards-On-Sea
772	Piers Haben	Hastings	834	Richard Hayoukane	Hastings
773	Seb Habgood	Bexhill-on-Sea	835	Toni Hayward	Orpington
774	Audrey Haddon	Hailsham Harriers	836	Jill Hazleton	Totton
775	James Haden	Nottingham	837	John Hazleton	Stockport
776	Sally-Anne Hadgkiss	Run Wednesdays	838	Luke Hazleton	Hastings
777	Louise Hall	St. Leonards-On-Sea	839	Heledd Straker	Running Punks
778	Chloe Hall	Hailsham	839	Heledd Straker	Hove
779	Stuart Hall	Oxted Runners	840	Samantha Hazelwood	Hastings Runners
780	Eloisa Hall	In2play	841	Sarah Heasman	Hastings Runners
781	Hannah Hall	St. Leonards-on-Sea	842	Natasha Heasman	Horsham Joggers
783	Rebecca Hall	Hastings	843	Pete Heasman	Hastings Runners
784	Richard Hall	Romney Marsh	844	Richard Heath	Bad Boy Running Club
785	Dan Hall	Hastings Runners	845	Peter Heath	Les Croupiers RC
786	Mathis Hamida	London	846	Olivia Hedges	Battle
787	Laurie Hamida	London	847	Emma Heighway	Eastbourne
788	Simon Hamilton	Worthing	848	David Held	St. Leonards-on-sea
789	Gemma Hammomd	Hastings	849	Michael Hennessy	Bromley
790	Harry Hammond	HY Athletics Club	850	Fiona Henning	Beckenham
791	Xiulan Han	Hastings Runners	851	Claire Henry	Cranbrook
792	Conrad Hanlon-Gouveia	Hastings	852	Nicole Henze	RunWednesdays
793	Paula Hannaford	March	853	Ryan Herbert	Addlestone
794	Lee Hannaford	March	854	Andrew Herbert	St. Leonards-on-Sea
795	Victoria Harding	Bexhill-on-Sea	855	Lisa Herbert	Crowborough Runners
796	Harry Hardman	Maidstone	856	Danny Herman	Hastings
797	Sue Hartley	Battle	857	Richard Hermitage	London
798	Sarah Harley	Robertsbridge	858	Callum Herod	Battle
799	Darryl Harman	Hastings	859	Gina Hewitt	Hastings
800	C Harmer	Thames Ditton	860	Jack hewitt	Maidstone
801	Charles Harmer	Stragglers Running Club	861	Lucia Heywood	Sittingbourne Striders
802	Sandy Harmer	Hastings	862	Jim Hiatt	Eastbourne
803	Maggie Harper	Hastings	863	Nick Hibberd	Northampton Road Runners
804	Lucy Harper	HY Athletic Club	864	Michael Hickey	Basingstoke Mid Hants AC
805	William Harper	London	865	Ben Hickey	Vegan Runners
806	Sophie Harper	St. Leonards-on-Sea	866	Cathy Hickey	Basingstoke
807	Lara Harriette	Bexhill-on-Sea	867	Tom Hickey	St. Leonards-on-Sea
808	Dan Harris	Brighton Phoenix	868	Jeremy Hicks	Hastings

869	Nina Hicks	Hastings	933	Paul Hudso	London
870	Steve Higgins	London	934	Paul Hudson	London
871	Adam Higgins-Gooch	St. Leonards	935	Jane Hughes	London
872	Nads Higginson	Bexhill-on-Sea	936	Greg Mitchell	Constant Pursuit Run Club
873	Harry Higginson	Bexhill-on-Sea	937	Andy Hughes	Vegan Runners
874	Sue Higginson	Esher	938	Bob Hughes	Lewes AC
875	Lucy Hill	Hastings	939	Elliott Hulburd	Hastings
876	Mark Hill	Heathfield Runners	940	Karl Hampus Linne Hultgren	HOVE
877	Alex Hill	Bexhill-on-sea	941	Roger Humphries	Polegate Plodders
878	Max Hill	Addlestone	942	Megan Hurst	Brighton
879	Paul Hill-Gibbins	Guildford	943	Zak Hurst	Hastings
880	May Hillard	Robertsbridge	944	Michael Husarz	Hailsham Harriers
881	Ashley Hills	St. Leonards-on-Sea	945	Carol Hustler	London
882	Alison Hinton	Serpentine RC	946	Alan Hutchings	Lonely Goat RC
883	Lydia Hippis	London	947	Nilawan Imiem	St. Leonards-on-Sea
884	Will Hirst	Canton Martial Arts	948	Elizabeth Impey	Brighton
885	Andrew Hitch	Cranbrook	949	Stephen Ingram	Hastings Runners
886	Connie Hitch	Cranbrook	950	Vince Ingrey	Borehamwood
887	Rebecca Hitchcock	Hastings	951	Sue Ireland	Sevenoaks
888	Jordan Hitchman	Hastings	952	Sarah Isaacs	Peacehaven Run Club
889	Jack Hoad	St. Leonards-on-Sea	953	George Isaacs	Peacehaven Run Club
890	Steven Hoath	Hastings Runners	954	Ryan Isles	Rye Runners
891	Paul Hobden	Westfield, Hastings	955	Nadine Isted	HY Runners
892	Georgia Hobden	Hastings	956	Harry Jackson	St. Leonards-on-Sea
893	Kyle Hobgen	St. Leonards-on-Sea	957	Leigh Jackson-Tullett	Etchingham
894	Ben Hobson	Bexhill	958	Oli Jagot	Bexhill-on-Sea
895	Oliver Hodd	Rye	959	Stephen Jahans	London
896	Owen Hodd	Hastings	960	Seyfu Jamaal	London Heathside
897	Reece Hodgins	Newhaven	961	Toby James	Beckenham
900	Megan Holden	Hailsham	962	Leanne James	Battle
901	David Holland	HY Runners	963	David James	Brighton
902	Emily Holland	St. Leonards-on-Sea	964	Julia James	Hastings Runners
903	Caroline Hollands	Meads Runners	965	Karl James	St. Leonards-on-Sea
904	Sam Holmár	CAMBRIDGE	966	Jon Jaros	Rye Runners
905	Belinda Holme	Eastbourne	967	Sam Jarvis	St. Leonards-on-Sea
906	Abi Holt	Eastbourne	968	Beverley Jeffery	St. Leonards-on-Sea
907	Matthew Holt	Hastings	969	Nathan Jeffery	Ashford
908	Kevin Holt	London	970	Harry Jefferys	St. Leonards-on-Sea
909	Samuel Holyoake	Leigh-on-Sea	971	Tim Jefferys	St. Leonards-on-Sea
910	Robert Holyoake	Totland Bay	972	Christine Jefferys	St. Leonards-on-Sea
911	Allan Homewood	HY Runners	973	Oliver Jefferys	St. Leonards-on-Sea
912	Graham Hopgood	Hastings	974	Neil Jeffries	Hastings Runners
913	Oscar Hopgood	Hastings	975	Neil Jeffries	Hastings Runners
914	J Horne	Brighton	976	Sam Jenkins	Beckenham Running Club
915	Aaron Horner	Seaford	977	Helen Jenkins	Glastonbury
916	Sally Hornsby	Hastings	978	Paul Jenner	HY Athletic Club
917	Emily Hornsby	St. Albans	979	David Jennings	Tunbridge Wells
919	Ross Horsman	Hastings AC	980	Will Jennings	Bromley
920	Daniel Hosie	Hailsham	981	Jens-Peter Jensen	St. Leonards-on-Sea
921	Lauran Hosie	Hailsham	982	Suzannah Jex	Norwich
922	John Hoskins	Orpington	983	Vanessa Johnson	Etchingham
923	Jack Hoskins	St. Leonards-on-sea	985	John Johnson	Almost Athletes
924	Achuth Hosur	Crowborough	986	Max Johnson	London
925	Steven Hotson	Wadhurst Runners	987	Lorraine Johnson	St. Leonards-on-Sea
926	James Hough	Sevenoaks	988	Thomas Johnson	Surrey
927	Charlotte Hough	St. Leonards-on-Sea	989	Aaron Johnson-Green	Hastings
928	Amanda House	Walton On Thames	990	Stuart Johnstone	Hastings
929	Daniel Howard-Spitzer	Flyers Southend	991	Callum Johnstone	Hastings
930	Tristan Howey	Newmarket	992	Mogan Jones	Rye
931	Dave Howgego	Woodbridge Shufflers RC	993	Darren Jones	Bexhill-on-Sea
932	Alison Hoy	Heart & Sole Running Group	994	Chris Jones	Polegate Plodders

995	Sarah Jones	Eastbourne	1025	Phillip Kemp	St. Leonards-on-Sea
996	Chris Jones	Hastings	1026	Lee Kemp	Uckfield
997	Benjamin Jones	HY Athletic Club	1027	Amie Kendrick	Hastings
998	Thomas Jones	Tenterden	1028	Matt Kennard	Tunbridge Wells
999	Peter Jones	London	1029	Siobhan Kennard-Browne	Tunbridge Wells
1000	Tim Jones	Striders of Croydon	1030	Victoria Kennedy	Hastings
1001	Martin Jones	Rochester	1031	Nickolaj Kennett	Crystal Palace
1002	Jon Jones	London	1032	Sandy Kenny	Canterbury Harriers
1003	Ewan Jones	Battle Town FC Runners	1033	Colin Kent	Bexhill-on-Sea
1004	Dylan Jones	Sidcup	1034	William Kent	Polegate
1005	Trevor Jones	Seaford Striders RC	1035	Francoise Kenyon	Hastings
1006	Chris Jones-Dunn	Hastings AC	1036	Stefan Khosravi	Gravesend
1007	Jake Jooshandeh	St Leonards on Sea	1037	Darren Kilby	Hastings AC
1008	Gary Judges	London City Runners	1038	Bethany King	Phoenix
1009	Tim Jukes	Phoenix	1039	Yolanda King	Maidstone
1010	Jesse Jury	St Leonards-on-sea	1040	Duncan King	Maidstone
1011	Erika Karanta	Rochester	1041	Allan King	Maidstone
1012	Daisy Karasani-Jones	Eastbourne	1042	Dave King	Hastings Runners
1013	Evgenia Katsoni	Vegan Runners	1043	Harrison King-Smith	St. Leonards-on-Sea
1014	Paul Kaye	Hastings	1044	Jamie Kingdon	Uckfield
1015	Reuben Kaye	Hastings	1045	Martha Kinloch	St. Leonards-on-Sea
1016	Nicola Kearns	HY Runners	1046	Giles Kinrade	Redhill
1017	Natasha Keats	Heart & Sole Running	1047	Kieran Kintu	London
1018	Jane Keen	Goyt Valley striders	1048	Orla Kirby	Eastbourne
1019	Stuart Keen	Goyt Valley striders	1049	Jordan Kirkwood	St. Leonard's-on-Sea
1020	Amanda Keen	Battle	1050	Donna Kissi	London
1021	Claire Keith	Hailsham Harriers	1051	Kelly Kitchin	HY Runners
1022	James Kelly	Bexhill-on-Sea	1052	Eloise Knight	Hastings
1023	Simon Kelly	Mosman	1053	James Knight	Kate Knight
1024	Stephanie Kemp	Hastings Runners	1054	Robert Knight	VAC



1055	Tommy Knight	Peacehaven Run Club	1118	Thomas Livesey	Paddock Wood AC
1056	Simon Knight	Bexhill on sea	1119	Lynn Loader	Bexhill-on-Sea
1057	Harriet Knowles	Lustleigh	1120	Harry Lockhart	Ashford Striders
1058	Chris Knowles	Cranbrook	1121	Ben Lockie	Eastbourne
1059	Karl Kobylka	Bexhill-on-Sea	1123	Hollie Lockwood	Hastings
1060	Zuzana Kokes	Kingston upon Thames	1124	Tanya Lomakin	Bexhill-on-Sea
1061	Billie Kötting	Hastings	1125	Andrew Long	Carshalton
1062	Nigel Lambe	Brighton Phoenix	1126	Nadia Lonsdale	Pevensey
1063	Johanna Lambourne	Hastings Runners	1127	Isobel Lovatt	St. Leonards-on-Sea
1064	Chris Lander	Hailsham	1128	Benjamin Lovegrove	Hastings
1065	Octavia Landy	St. Leonards-on-Sea	1129	Charlie Lovell	Bexhill-on-Sea
1067	Jessica Lane	Rye	1130	Joseph Lovelock	Faversham
1068	Stephen Langdown	Kent	1131	David Lowes	Bexhill-on-Sea
1069	Tom Langer	St. Leonards-on-Sea	1133	Jamie Lusted	Hastings
1070	Eben Lardner	St. Leonards-on-Sea	1134	Mike Lynch	Tunbridge Wells
1071	Jamie-Rose Larkin	London	1135	Jonathan Lynch-Kelly	St. Leonards
1072	Harrison Larkin	Millie	1136	Peter Mabey	Lingfield
1073	Tony Lavender	Heathfield Road Runners	1137	Edward MacDonald	Horsham
1074	Emily Laverick	Hastings	1138	Maria Macdonald	Cambridge Harriers
1075	Pete Lawless	Bexhill-on-Sea	1139	Kelvin McDonald	Hove Hornets
1076	Rob Lawrence	Hastings	1140	Joshua Macdonald	Hailsham
1077	Derek Laws	Orpington Road Runners	1141	Daniel Mace	Shoreham-by-Sea
1078	Catherine Laybourn	Brighton	1142	Chris Macey	Bexhill-on-Sea
1079	Stefan Le Breuilly	Hastings	1143	Jamie Mackintosh	Maidenhead
1080	Andy Lee	Hastings Runners	1144	Rachel Madders	Battle
1081	Joe Lee	Tunbridge Wells	1145	Natalie Magorrian	Battle
1082	Daniel Lee	Bexhill-on-Sea	1146	Rose Maguire	Beckenham
1083	Christopher Leeding	Harlow	1147	Barry Mahon	Bexhill-on-Sea
1084	Kieran Leeper	Bromley	1148	Penny Mahoney	Bexhill-on-Sea
1086	Louise Leggott	Hythe	1149	Jeffrey Mainwood	Oxted Runners
1087	Alex Leggott	Hythe	1150	Priya Makhecha	St. Leonards-on-Sea
1088	Mike Leigh	Polegate Plodders	1151	Jayesh Makhecha	St. Leonards-on-Sea
1089	Lynne Lemmis	Gosport	1152	Victoria Maleski	Seaford Striders RC
1090	Adam Lennard	St. Leonards-on-Sea	1153	Timothy Malet	Hastings
1091	Liam Lennard	Witney	1154	Rebecca Malone	Tunbridge Wells
1092	Joan Lennon	Steyning athletic club	1155	Fenella Maloney	Run Wednesdays
1093	Sallie Lennon-Eaton	Hastings	1156	John Maloney	Lliswerry Runners
1094	Ross Lennox	London	1157	Emma Maloney	Lliswerry Runners
1095	Jull Mark Leong	St. Leonards-on-Sea	1158	Chris Mamrone	Hastings
1096	Stephen Leslie	Hove	1159	Susan Mann	Hastings Runners
1097	Russell Levell	Pevenssey	1160	Tom Mann	Hastings Runners
1098	John Leverett	Bromley	1161	Gemma Mann	Faversham Running Club
1099	Oliver Levers	Hastings	1162	Jacqueline Manning	Hastings Runners
1100	Martyn Levitt	Battle	1163	Tobias Manning	Hastings Runners
1101	Gareth Lewis	Sittingbourne Striders	1164	Thomas Manson	St. Leonards-on-Sea
1102	Neal Lewis	Eastbourne	1165	Steve Manwaring	Hastings
1103	Emma Lewis	Eastbourne	1166	Roy Marchant	Leamington Spa
1104	Caroline Lewis	Sittingbourne	1167	Coleman Mark	Eastbourne
1105	Charlie Lewis	Sevenoaks	1168	Alice Marks	Kettle & Belle Run Club
1106	Jesica Lewit	Hastings	1169	Oliver Marks	Hastings
1107	Helen Lillyman	Maidstone	1170	Sophie Markwick	Hastings AC
1108	Kathryn Limbrick	Cheltenham	1171	James Marron	Seaford Striders RC
1109	Terence Lincoln	St. Leonards-on-Sea	1172	Kirsty Marsden	Hastings
1110	Jane Lindop	Cardigan Running Club	1173	Anneliese Marsh	Crawley
1111	Simon Linklater	Hastings Runners	1174	James Marsh	Nottingham
1112	Sam Little	London	1175	Lawrence Marshall	Buckhurst Hill
1113	Mark Little	London	1176	Yasmin Rachel Marshall	Meads Runners
1114	Jake Little	London	1177	Thomas Martin	Hastings
1115	Cathy Little	Walkers2Runners	1178	Bea Martin	Cranbrook
1116	Mia Littler	Battle	1179	John Martin	Robertsbridge
1117	Emma Livesey	Cranbrook	1180	Luis Miguel Martin Nieto	Brighton

1181	Sarah Marzaioli	Hastings Runners				
1182	James Mason	Saints and Sinners Crawley				
1183	Pete Mason	Hastings				
1184	Stephen Masters	Maidenhead				
1185	Eva Mathew	Tunbridge Wells				
1186	Tshepho Mati	Burges Hill Runners				
1187	Tlou Mati	Burgess Hill Runners				
1188	Dan Matthews	St. Leonards-on-Sea				
1189	Jack Matthews	Bexhill Runners & Tria				
1190	Adam Matthews	Hastings				
1191	Tony Mattison	Crossgates Harriers				
1192	Zara Mattison	Crossgates Harriers				
1194	Adam Maynard	Bexhill-on-Sea				
1195	Heather Mc Namara	Hastings				
1196	Steven McArdle	Durham				
1197	Björn McAteer Dahlberg	Hastings				
1198	Ben Mccallion	HY Runners				
1199	Leon McCalvey	Hertford				
1200	Max McCalvey	Hertford				
1201	Jonathan McCandless	Beckenham				
1202	James McCann-Ellington	Beckenham				
1203	Alice McCleave	Hastings				
1205	Beth McCormack	Tonbridge				
1206	Neil McDonnell	Reigate Priory Athletic Club				
1207	Kevin McDougall	Wadhurst				
1208	Charlie McGahan	St. Leonards-on-Sea				
1209	Michael McGeown	Wadhurst Runners				
1210	Clare McGill Sharpe	Run Academy Worthing				
1211	Paul McGoldrick	Bexhill-on-Sea				
1212	Jo McGowan	Hailsham Harriers				
1213	Megan McGuigan	Hastings				
1214	Dean McGuigan	St. Leonards-on-Sea				
1215	Bryan McHugh	Worthing				
1216	Graeme McIntosh	Wadhurst Runners				
1217	Lewis McIntyre	Eynsford Running Club				
1218	Rebecca McKay	Sevenoaks				
1219	Kirby McKay	Robertsbridge				
1220	Nathalie McKee	Eastbourne				
1221	Sarah McKinnon	Brighton				
1222	Dermott McKeon	Brighton				
1223	Clare McKeon	Dermott McKeon				
1224	Ellie McLean	Eastbourne Rovers Ac				
1225	Connor Mcleod	Bexhill-on-Sea				
1226	Neil McLoughlin	Peacehaven Run Club				
1227	Mark McMahon	Heathfield				
1228	Phillip McManus	Crowborough				
1229	Rory McMullan	Orpington				
1230	Ann McMurray	Battle Town FC - Runners				
1231	Ann McMurray	Battle Town FC - Runners				
1232	Kerry McNaughton	St. Leonards-on-Sea				
1234	Ben McNicol	St. Leonards-on-Sea				
1235	Stanley McQueen	Gillingham				
1236	Jake Mcqueen	Boston				
1237	Lillie McSweeney	Hastings				
1238	Eric McWilliams	Robertsbridge				
1239	Nathan Meager	Bognor Regis				
1240	Ryan Meager	Bognor Regis Tone Zone				
1241	Charlie Mepham	St. Leonards-on-Sea				
1242	Millie Mepham	St. Leonards-on-Sea				
1243	Martina Merelli-Stevens	St. Leonards				
1244	Jennifer Merelli-Stevens	St. Leonards				
1245	Leanne Merry		St. Leonards-on-Sea			
1246	Ana Mesinezi		Bexhill-on-Sea			
1247	Beatrice Messenger		Uckfield Runners			
1248	Stefan Meyer		Arbon			
1249	Marcin Miazga		Eastbourne			
1250	Eliza Michonska		Hastings			
1251	Dee Millen		Ashford Striders			
1252	Keith Miller		Rye Runners			
1253	Matthew Miller		Hastings Runners			
1254	Isaac Miller		Hastings			
1255	Adam Millerick		St. Leonards-on-Sea			
1256	Adam Millicent		Hastings			
1257	Tom Mills		Battle			
1258	William Mills		Eastbourne			
1259	Jody Mills		Hayes			
1260	Charlotte Mills		London			
1262	Stuart Mills		Uckfield Runners			
1263	Chris Millward		London			
1264	Kate Mitchell		Bexleyheath			
1265	George Mitchell		Reaing Roadrunners			
1266	Mark Mitchell		Bexhill Runners & Triathletes			
1267	Clare Mitchell		Bexhill-on-Sea			
1268	Megan Mitchell		Bexhill-on-Sea			
1269	joseph mitchell		Bexhill-on-Sea			
1270	Millie-Mae Mitchell-Pointer		St. Leonards			
1271	James Moat		Heathfield Runners			
1272	Paul Moir		St. Leonards-on-Sea			
1273	Taylor Monckton		Brighton			
1274	Edward Montagu		St. Leonards-On-Sea			
1275	Ben Monteith		London			
1276	Jane Moon		FRR			
1277	Shelly Moore		HY Runners			
1278	Joe Moore		HY Runners			
1279	Craig Moore		Richmond			
1280	Emma Moore		Born Ready Fitness			
1281	Colin Moore		Worthing			
1282	Rowena Moores		Macclesfield			
1283	Bob Moran		London			
1285	Christine Morgan		Hastings Runners			
1286	Robert Morgan		London			
1287	Jenny Morley		Robertsbridge			
1288	Anastasia Morozova		Bexhill-on-Sea			
1290	James Morris		St. Leonards-on-Sea			
1291	Sophie Morris		Cambridge Harriers			
1292	Gregory Morrison		St. Leonards-on-Sea			
1293	Rubie Morton-Davage		St Leonards			
1294	Susie Moses		Brighton			
1295	Keith Moss		West Malling			
1296	Kevin Moulding		RunWednesdays			
1297	Aaron Moulin		Hook			
1298	Gavin Moyce		St. Leonards-on-Sea			
1299	Marie Moyce		Gavin Moyce			
1300	George Moyce		St. Leonards-on-Sea			
1301	Thomas Mueller		Chichester			
1302	Graeme Mulhall		Hastings			
1303	James Mullan		Brighton & Hove City AC			
1304	Scott Mundy		London			
1305	Nathan Munn		Bexhill-on-Sea			
1306	Simon Murray		Northampton Rd Runners			
1308	Alwyn Nason		Sidcup			
1309	Kate Naylor		St. Leonards-on-Sea			

1310	Gary Nazer	South Woodham Runners	1373	Liam Papuha	Hastings
1311	Jennifer Neal	Nej Running Club	1374	Monika Parda	Bexhill
1312	Helen Neary	Wadhurst Runners	1375	James Parker	Eastbourne
1313	Tatiana Nedialkova	Lewes Athletics club	1376	Richard Parkinson	Andover
1314	Andrew Newby	Hove Hornets	1377	Katie Parkinson	Andover
1315	Chris Newland	Robertsbridge	1378	Tom Parkinson	Andover
1316	Adam Newman	Hastings	1379	Andrew Parkinson	St. Leonards-on-sea
1317	Hayley Newman	Cambridge Harriers	1380	Gavin Parks	St. Leonards-on-Sea
1318	Ryan Newton	St. Leonards-on-Sea	1381	Charlie Parr	Maidenhead
1319	Beverley Nichol	Bexleyheath	1382	Alfred Parris	East Hoathly, Lewes
1320	Molly Nicholls	Hastings	1383	Lewis Parsons	Hastings Runners
1321	John Nicholls	Billingshurst	1384	Geoff Parsons	Hastings
1322	Gary Nicholson	Rogue Runners Hove	1385	Chaz Parvez	Worthing
1323	Krissie Nicolson	St. Leonards-on-Sea	1386	Joe Passey	Hastings
1324	Betty Njuguna	Pound Hill Pounders	1387	Nishil Patel	Oxford
1325	Danny Noakes	Bexhill-on-Sea	1388	Joey Patel	Brighton
1326	Jamie Noone	London	1389	Oliver Paterson	Hailsham Harriers
1327	Mark Norris	Milton Keynes	1390	Finn Paterson	Battle
1328	Joe Norris	Hailsham	1391	Mike Patrick-Dawson	Etchingham
1329	Samuel Norton	Battle	1392	Gary Patrick-Dawson	Etchingham
1330	Connor Nowak	St. Leonards-on-Sea	1393	Leeland Pavey	Hailsham Harriers
1331	Christopher Nye	Lewes	1394	Nicholas Paxman	St. Leonards On Sea
1332	Conor O'Brien	St. Leonards-on-Sea	1395	Allan Payne	St. Leonards-on-Sea
1333	Dominic O'Driscoll	Eastbourne	1396	Zoe Payne	Hastings
1334	Joseph O'Gorman	HY Athletic Club	1397	Kerry Pearce-Histed	Tun. Wells Harriers
1335	Andrew O'Leary	Hastings	1398	Jennifer Peart	King's Lynn
1337	Phillip O'Regan	Horsham	1399	Eloise Pegg	Ashford Striders
1338	Jake O'Reilly	Hastings	1400	Dave Pendleton	Hastings Runners
1339	Helen O'Sullivan	Hailsham Harriers	1401	Dale Penn	Hastings
1340	Victoria O'Sullivan	Serpentine RC	1402	Debbie Pentland	Portsmouth Joggers
1341	Connor O'Brien	Hastings	1403	Bob Pentland	Portsmouth Joggers
1342	Courtney O'Keefe	Bristol	1404	Edward Penty	Hove
1343	Taylor O'Keefe	St. Leonards-on-Sea	1405	Joanne Percival	Tenterden
1344	Oliver O'Reilly	London	1406	Alberto Vicente Pereira	Rye Runners
1345	Paul Oak	Hastings	1407	Lily Perkins	Hastings
1346	Glenn Oakman	Hastings	1408	Ben Peters	Burgess Hill runners
1347	Amie-louise Ody	Eastbourne	1409	Nick Peters	St. Leonards-on-Sea
1348	Richard Ogle	London	1410	Sophie Peters	Bristol
1349	Louise Ogrady	Dartford	1411	Emily Peters	Hastings
1350	Kaoru Ohtake	Brentford	1412	Ben Petty	London
1351	George Old	Nej running club	1413	Lewis Philippe	Ashford & District RRC
1352	Sandra Oneill	Hastings	1415	James Phillips	HY Athletic Club
1353	Jan Ottevaere	Loopclub Grijsoke Belgium	1416	Kim Phillips	Rye
1354	Richard Overton	Hastings	1417	Simon Phipps	St. Leonards-on-Sea
1355	Matt Owen	Kara	1418	Danielle Piazza	St. Leonards-on-Sea
1356	Darren Owen	Hastings Runners	1419	Kevin Pickard	St. Leonards-on-Sea
1357	Christopher Oxley	Gravesend	1421	Rich Pilbeam	Bexhill-on-Sea
1358	David Pack	Ealing Eagles Running Club	1422	Anthony Pileggi	St. Leonards-On-Sea
1359	Nicole Page	Peacehaven Run Club	1423	Justine Pillow	St. Leonards-on-Sea
1360	Ryan Page	St Leonards On Sea	1424	Nichoals Pilton	Bexhill-on-Sea
1361	Madeleine Page	Robertsbridge	1425	Richard Pilton	Russet Runners
1362	Ria Paine	Robertsbridge	1426	Darcie Pinder	Hastings
1364	James Palmer	Metropolitan Police Triathlon	1427	Jo Pinder	Hastings
1365	Ian Palmer	Tonbridge	1428	Dan Pinder	Hastings
1366	Neil Palmer	Hastings	1429	Leslie Plaisted	Hassocks
1367	Adrian Palmer	Eastbourne	1430	Tom Planner	Mitcham
1368	Rachel Palmer	Bexhill-on-Sea	1431	robert platt	Beckley
1369	Sim Palmer	Wadhurst	1432	Robin Plowman	Battle
1370	wayne Palmer	Grays	1433	Robert Pluck	Beginners2Runners
1371	Marcos Palomares-Conde	Croydon Harriers	1434	Mark Plumley	New Romney
1372	Andrew Panteli	Fordy Runs Running Club	1435	Dylan Plummer	Hastings

1436	Michael Plummer	St. Leonards-on-Sea				
1437	Mark Pollard	Heathfield				Hastings
1438	Kirstie Pollington	Hastings				
1439	Anja Pomeroy	Hastings				
1440	Daniela Pontonutti	Vegan Runners				
1441	Keely Pope	RunWednesdays				
1442	Jordan Pope	Redway Runners				
1443	Denise Pope	Heathfield Runners				
1444	Amelia Porter	Maidstone Harriers				
1445	Scott Porter	Wimborne				
1446	Emilie Pottle	London				
1447	Karl Poulton	Poulton Athletics				
1448	Melanie Powell	South Kent harriers				
1449	Royd Powell	South Kent Harriers				
1450	Olivia Powell	Goodgym Race Team				
1452	Simon Powell	Eastbourne				
1453	Sarah Poynter	Istead and Ifield Harrirs				
1454	Haris Praipruk	Hastings				
1455	Ian Pratt	Seafront Shufflers				
1456	Richard Pratt	Coulson				
1457	Geniene Precious	Heart & Sole Running				
1458	Mike Prentis	Goudhurst				
1459	Victoria Prestney-Vaughan	Hastings Runners				
1460	Megan Preston	St. Leonards-on-sea				
1461	Kellie Price	St. Leonards-on-Sea				
1462	Luke Loving-Price	St. Leonards-on-Sea				
1463	lucy abigail price	Hastings				
1464	Wayne Prince	HY Runners				
1465	Kiki Prince	Bexhill-on-Sea				
1466	Lucy Pritchard	Pevensey				
1467	Emma Pullen	Etchingham				
1468	Julian Punch	TONBRIDGE				
1469	Graham Purdye	Hailsham Harriers				
1470	Gareth Purves	Hastings AC				
1471	Mollie Puttick	Hastings				
1472	Dan Quinnell	London				
1473	Kayla Quinnell	Hastings Runners				
1474	Paul Rackstraw	Hastings Runners				
1475	Cameron Radford-Brown	Rye				
1476	Paul Radloff	Uckfield Runners				
1477	Dionne Radloff	Uckfield Runners				
1478	Ehsan rahneshin	St Leonards-on-sea				
1479	Daniel Rains	London				
1480	Jo Rainsbury	Robertsbridge				
1481	Duncan Ralph	Tunbridge Wells Harriers				
1482	Angela Ramsier	Holland Sports AC				
1483	paul ramsier	Holland Sports AC				
1484	Richard Randle	Ashford Striders				
1485	Louise Cavill	Hastings Runners				
1486	Tracy Rathnrajah	Hastings Runners				
1487	Tracy Rathnrajah	Hastings Runners				
1488	Vicki Rawlings	Bexhill-on-Sea				
1490	William Read	St. Leonards-on-Sea				
1491	Rosie Reavey	Hastings				
1492	Fleur record smith	Hastings Runners				
1493	James Reddish	Glastonbury				
1495	Dan Redsell	Hastings				
1497	Harvey Reeves	Hastings				
1498	Reuben Reeves	Cowes, Isle of Wight				
1499	Beth Reeves	Battle				
1500	Terry Regan	Constant Pursuit Run Club				
1501	Daniel Regelous					Hastings
1502	Sylvain Regereau		St. Leonards-on-Sea			
1503	Jessica Reina		Bexhill-on-Sea			
1504	FA Remigio Hernández		Ashford Striders			
1505	Peter Rhodes		Purley			
1506	Katie Rice		London			
1507	Lydia Rice		Eastbourne			
1508	Mitchell Richards		Rye			
1509	Dominic Richards		Bexhill-on-Sea			
1510	Sean Richards	Dover Roadrunners AC				
1511	Rebecca Richardson	Hastings Runners				
1512	Louie Richardson		Hastings			
1513	Claire Richardson		Eastbourne			
1514	Joe Richardson		Eastbourne			
1515	Catherine Riches		Ashtead			
1516	Peter Riddellsell		Lewes			
1517	Joe Riddellsell		Lewes			
1518	Sam Riddellsell		Lewes			
1519	Nick Ridgway		Hastings			
1520	Justine Ridgway		Seaford Striders RC			
1521	Leah Ridgway		St. Leonards-on-Sea			
1522	Kayleigh Ridgwell		Folkestone Running & AC			
1523	Barend Rigbers		Roosendaal			
1524	Tony Riley		Eastbourne			
1526	Matthew Ripley		Hastings Runners			
1527	Santiago Ripoll Lorenzo		Brighton			
1528	Joshua Rix		St. Leonards-on-Sea			
1529	Misty Rix		St. Leonards-on-Sea			
1530	Hannah Robbins		St Leonards on Sea			
1531	Lisa Roberjot		Horley Harriers			
1532	Tristan Roberts		Vegan Runners			
1533	Stephen Roberts		Bexhill-on-Sea			
1534	Louise Roberts		London			
1535	Peter Roberts		Royston Runners			
1536	Sinead Roberts		Tunbridge Wells			
1537	Paul Roberts	Ealing Eagles Running Club				
1538	Mahalia Roberts		Eastbourne			
1539	Andy Roberts		Maidstone			
1540	Faye Roberts		Pevensey			
1541	Natasha Robertson	St. Leonards-on-Sea				
1542	Hannah Robertson	Battle				
1543	Sarah Robertson	Salisbury				
1544	Geoff Robinson	Alresford				
1545	Phil Robinson	Seaford Striders RC				
1547	Bryn Robinson	St. Leonards-on-Sea				
1548	Naomi Robinson	St Leonards on Sea				
1549	Dean Robinson	Hastings				
1550	Nigel Robinson	St. Leonards-on-Sea				
1551	Joanne Robinson	Seaford Striders RC				
1552	Mandy Robinson	Sussex				
1553	Oliver Robinson-Sivyer	Herstmonceux				
1554	Wendy Robson	Meads Runners				
1555	Jonathan Robson	Exeter				
1556	Amy Rodway	Hastings AC				
1557	Darren Rogers	Rye Runners				
1558	Hannah Rogers	Rye				
1559	Cerys Rogers	Southsea				
1560	Barbara Romanowski	Hastings				
1561	Stephen Roper	Bognor Regis				
1562	Matthew Rose	St Leonards-on-Sea				
1563	James Rosewell	Hastings				

1564	Seagull Ross	Dover	1594	Andrew Sarson	Etchingham
1565	Helen Rothermel	Do it for josh	1595	Aaron Saturley	AJ's run school
1566	Jim Rowe	RunWednesdays	1597	Steve Saunders	Eastbourne
1567	Tom Rowell	Southville	1598	Gary Saunters	Hastings Runners
1568	Katy Rowles	St Leonards on Sea	1599	Jack Savage	Warwick
1569	Simon Rowson	St Albans	1600	Nick Savage	Hatfield
1570	James Royston	Kent AC	1601	Arlene Sawyers	Hastings Runners
1571	Madeleine Rudge	Brighton	1602	Elena Saxby	St. Leonards-on-Sea
1572	Ellie Rumsey	St. Leonards-on-Sea	1603	Jo Saxby	Hastings AC
1573	Will russell	Brighton Phoenix	1604	Liam Sayer	Battle
1574	James Russell	Ashford AC	1605	Hugh Scarlin	Chatham
1575	Sarah Russell	Brighton Phoenix	1606	Norman Scott	Portslade Hedgehoppers
1576	Simon Russell	Brighton	1607	Laura Scott	Hastings AC
1577	Fiona Ryall	Wartling	1608	Jim Scott	Crawley Saints and Sinners
1578	Matthew Harmer	HY Athletic Club	1609	Andy Scott	Bexhill-On-Sea
1579	Bonnie Rye	Run Academy Worthing	1610	Cat Scully	Eastbourne
1580	Peter Rye	Rye Runners	1611	Chrissie Scutt	Arruners RC
1581	Keira Sage	Hastings	1612	Kai Searle	Robertsbridge
1582	Paul Salliss	London	1613	Miles Seavill	Brighton Phoenix
1583	Martin Salmon	Folkestone Running & AC	1614	Ben Sebbage	Bexhill-on-Sea
1584	Tracy Salmon	Hastings	1615	Sarah Sellens	Hastings Runners
1585	Laura Salt	Mid Sussex Tri	1616	Jo Selling	Battle Town FC - Runners
1586	Gemma Salter	Uckfield Runners	1617	Antonia Selway	East Sussex
1587	Ryan West	Heahfield Runners	1618	Alessandro Senese	St. Leonards-on-Sea
1588	Michael Sanders	Cambridge	1619	Catherine Sexton	Crawley
1589	Grant Sanders	Hailsham	1620	P Sexton	Tunbridge Wells
1590	Kerry Sanders	Hailsham	1621	Kader Seyed	London Heathside
1591	Freya Sanderson	St. Leonards-on-Sea	1623	Sean Sharma	Sakay
1592	Kirsty Sandwell	Hastings	1624	R Sharp	Burgess Hill
1593	Adam Sargent	Eastbourne	1625	Howard Shaw	Eastbourne



1626	James Shaw	Hastings	1687	Antony Spencer	Brighton
1627	Thomas Shaw	Hastings	1688	James Sperring	St. Leonards-on-Sea
1628	Robert Shaw	Saffron Striders	1689	Sam Spiers	Rye
1629	Ashley Sheekey	Hove	1691	jamie spiers	Saint Leonards-on-sea
1630	Sam Sheppard	Oxford	1692	Ollie Sprague	Peacehaven Run Club
1631	Matthew Sheppard	Battle	1693	Steve Sprague	Seaford Striders RC
1632	Lisa Sheppard	Bexhill-On-Sea	1694	Michael Springett	Petts Wood Runners
1633	Adrian Sheppard	Hastings Runners	1696	Chelsey Sprong	Battle
1634	Kerry Sheylan	Redway Runners	1697	Georgia Stables	Kettle & Belle Run Club
1635	Claire Shilling	Hailsham Harriers	1698	Scott Stacey-Clark	Rye
1636	Sumit Shrestha	Eastbourne Rovers AC	1699	Rachel Stacy	Team Bodyworks
1637	Neil Shuttleworth	Robertsbridge	1700	Jason Stanard	London
1638	John Simcox	Hastings AC	1701	Daniel Stannard	Newhaven
1639	Alfie Simmons	Hastings	1702	Patrick Stapleton	Rye Runners
1640	Katherine Simmons	Seaford Striders RC	1703	James Steatham	Kent AC
1641	Victoria Sims	Hastings Runners	1704	Dan Steene	Hastings
1642	Cale Sinfeld	Hastings Runners	1705	Liam Steer	Bexhill
1643	Hugo Sinfeld	Hastings	1706	Lawrence Steers	Bexhill-on-Sea
1644	Charlotte Sisson	Maidstone	1707	Jill Stephens	Harvel Hash House Harriers
1645	Jo Skrl	Bexhill-on-Sea	1708	Katie Stephens	Meads Runners
1646	Stephen Slater	Hastings Runners	1709	Josh Stephens	Ashford Striders
1647	David Slater	St. Leonards-on-Sea	1710	Erin Stewart	Cranbrook
1648	Paul Slidel	Hastings	1712	Sarah Stewart	Hastings Runners
1649	Natasha Slow	Hastings Runners	1713	Jake Stewart	Hastings
1650	Phil Smart	Lichfield Running Club	1714	Nicky Stiles	HY Athletic Club
1651	Ruth Smart	Not stated	1715	Adam Stoakley	Eastbourne
1652	Maria Smith	Hailsham Harriers	1716	Lydia Stober	Hastings
1653	Deanne Smith	Hastings Runners	1717	John Stokes	Orpington
1654	Matt Smith	Ashford	1718	Ryan Stokes	Haslemere
1655	Stephen Smith	20:20 Running Club	1719	Brian Storey	London
1656	Adam Smith	Hailsham	1720	Stephen Straight	SITTINGBOURNE
1657	Giles Smith	Leigh-on-Sea	1721	Dan Stratford	Hastings
1658	Shaun Smith	Hastings	1722	Milo Stratford	Hastings
1659	Philip Smith	Tri Tempo Eastbourne	1723	Katie Straw	Robertsbridge
1660	Joanne Smith	Hastings	1724	Aimee Streeter	Steyning
1661	Rose Smith	Bexhill-on-Sea	1726	Tania Strom	St. Leonards-on-Sea
1662	Gary Smith	Hailsham Harriers	1727	Tom Struthers	Rochester
1663	Aaron Smith	Orpington	1728	Jacqueline Struthers	Rochester
1664	Emma Smith	Hastings	1729	Emma Stubbs	St. Leonards-on-Sea
1665	Matthew Smith	Hastings	1730	Gary Sturrock	Tonbridge
1666	Stew Smith	Hastings	1731	Connie Suggitt	Hastings Runners
1667	Stephen Smith	Liverpool	1732	Archie Sullivan	Battle
1668	Stephen Smith	Bad Boy Running Club	1733	Matthew Neve	Etchingham
1669	raymond Smith	Seaford Striders RC	1734	Jack Sutton	Eastbourne
1670	Peter Smith	Plymouth	1735	Matthew Swain	Eastbourne
1671	Amanda Smith	Woodbridge Shufflers RC	1736	Laura Swain	Hastings
1672	Shane Smith	RunWednesdays	1737	Christine Tait	Uckfield Runners
1673	Hannah Smithson	Tonbridge	1738	Allison Tanner	Hastings Runners
1674	Holly Smyrk	Romsey	1739	Chris Tannett	Hastings
1675	Nuala Smyth	Arruners RC	1740	Barry Tavener	Mega Pint Running club
1676	Charlie Snelling	Hastings	1741	Molly Taylor	St. Leonards-on-Sea
1677	Kellie Snow	Seaford Striders Running Club	1742	Luke Taylor	Crawley Saints and Sinners
1678	Bill Solly	HASTINGS	1743	Ian Taylor	Tadworth AC
1679	Henry Solomon	Reigate	1744	Mark Taylor	Tunbridge Wells Harriers
1680	Manny Soomal	Brighton	1745	Sarah Taylor	Rebel Runners Medway
1681	Matt Southam	Eastbourne Rovers AC	1746	Billy Taylor	EO Tri Club
1682	Jim Ballard	HY Athletic Club	1747	Andy Taylor	Uckfield
1683	Jamie Sparkes	St. Leonards-on-sea	1748	Harry Taylor	Brackley
1684	Su Sparkes	Hastings Runners	1749	Michael Taylor	Bexhill-on-Sea
1685	Tamara Sparks	St. Leonards-on-Sea	1750	Kimberley Taylor	St. Leonards-on-Sea
1686	Hannah Spears	Polegate	1751	Colin Taylor	Walton-on-Thames

1752	George Teale	Hastings AC	1816	Sonia Turcotte	Grove Lane Runners
1753	Steven Teale	Seaford Striders RC	1817	Dave Turner	Hastings AC
1754	Lindsay Tearle	Seaford Striders RC	1818	Jake Turner	Hastings
1755	Bright Temba	Hastings	1819	Ben Turner	Romney Marsh
1756	Tobias Terry	Tenterden	1820	Daniel Turner	Eastbourne
1757	Andy Tester	Hastings	1821	Jack Turner	Eastbourne
1758	Anna Thirkettle	Hastings Runners	1822	Beatrice Turtenwaldova	Sidcup
1759	Scott Thirkettle	Hastings Runners	1823	Gethan Tweedie	Flimwell
1760	Charlotte Thirkill	Bexhill	1824	Michael Twine	Brighton Tri Club 60-64
1761	Harvey Thomas	Hastings	1825	Kirsty Twiner	London
1762	Daniel Thomas	Bridgend	1826	Tara Twyman	Lewes AC
1764	Rob Thomas	Hastings Runners	1827	Jake Tyler	Stroud
1765	Nicola Thomas	Amman Valley Harriers	1828	Emeka Uba	St. Leonards-on-Sea
1766	Matthew Thomas	Kent AC	1829	Fergus Umpleby	Meads Runners
1767	Stephen Thompsett	Heathfield Rd Runners	1830	Kerry Underdown	Maidstone Harriers
1768	Alex Thompson	Bexhill On Sea	1831	Holly Underwood	Hastings
1769	Jake Thompson	Bexhill-on-Sea	1832	Jas Underwood	Hastings
1770	Mike Thompson	Eastbourne Rovers Ac	1833	Milo Unwin	Hastings
1771	Lia Thomson	St Leonards On Sea	1834	Tristan Upton	South Kent Harriers
1772	David Thornby	Maidstone Harriers	1835	Chloe Upton	Bexhill-on-Sea
1773	Chloë Thorne	Perranporth	1836	Hunter Upton	Stonegate
1774	Nigel Thornely	Hastings Runners	1837	Viktors Usa	St. Leonards-on-Sea
1775	Mal Thornton	Horsham Joggers	1838	Shaun Utting	Hastings Runners
1776	Faye Thornton	Lonely Goat RC	1839	Steve Uzzell	Hastings Runners
1777	Jack Thunder	Bexhill-on-Sea	1840	John Valentine	St. Leonards-on-Sea
1778	Richard Tickner	100 Marathon Club	1841	Alexa Van Deelen	Etchingham
1779	Matthew Tidmarsh	Robertsbridge	1842	Andrew van der Watt	Sutton
1781	Liam TIMOTHY	St Leonards-on-sea	1843	Agnieszka van Eijnsbergen	Kingston upon Thames
1782	David Tobin	Shoreham-by-Sea	1844	Ron van Heuvelen	Seaford Striders RC
1783	Jemima Tobin	Hastings	1845	Shinu Varghese	Ashford
1784	Rob Todd	London	1846	Steven Vass	St. Leonards-on-Sea
1785	Josh Todd	Hastings	1847	Gianluca Venditto	Bexhill-on-Sea
1786	Connor Todd	Rye	1848	Oliver Veness	St Leonards-On-Sea
1787	Sarah Tolley-cloke	Hastings	1849	Dave Verlander	Sussex Premier Health
1788	Kerrie Tolley-cloke	Hastings	1850	Matt Vickers	Hastings
1789	Martin Tollner	Haywards Heath	1851	Anna Vidler	Ashford
1790	Leifur Tomasson	London	1852	Izzy Vidler	Cheltenham
1791	Shaun Tomlin	St. Leonards-on-Sea	1853	Ben Vince	Hailsham
1792	Karl Tomlin	St. Leonards-on-Sea	1854	Tom Vincent	Hastings
1793	Will Tompkins	St. Leonards-On-Sea	1855	Seren Vivian	Battle
1794	Richard Tompkins	Romsey	1856	Lewis Wadham	St. Leonards-on-Sea
1795	Eleanor Toms	Hastings	1857	Kate Wadman	Wadhurst
1796	Geoff Tondeur	Bexhill Runners & Triathletes	1858	Jack Waite	Wadhurst
1797	Amanda Tondeur	Bexhill Runners & Tria	1859	Michael Waite	Battle Town FC Runners
1799	James Torkington	Pollensa, Mallorca	1860	Edward Walden	Mel's Milers
1800	Stephen Torode	St Leonards on Sea	1861	Margaret Walford	Battle
1801	Luke Townsend	Rye	1862	Lauren Walker	Leatherhead
1802	Victoria Townsend	Polegate Plodders	1863	Mike Walker	Bexhill-on-Sea
1803	Matt Townshend	Eastbourne	1864	Sandy Walker	Bexhill-On-Sea
1804	Conal Tracey	Hastings Runners	1865	Nick Walker	Cranbrook
1805	Helen Treadgold	Vegan Runners	1866	Hannah Walker	Bexhill-on-Sea
1806	Robin Treherne	Pevensey	1867	Angus Walker	Stonegate
1807	Nina Trevarthen	Crawey Saints & Sinners	1868	Joe Wallace	St. Leonards-on-Sea
1808	Jack Trevena	Bexhill-on-Sea	1869	Rebecca Futrell	Hastings
1809	John Trory	Hove	1870	Martha Walsh	Lewes
1810	Ros Try-Hane	London	1871	Lucy Walsh	St. Leonards-on-Sea
1811	Charlotte Daniels	Hastings	1873	Rob Ward	Hastings
1812	Kate Tulloch	South Kent Harriers	1874	Paula Ward	RAW Runners
1813	Paul Tunnicliffe	Battle	1875	Mandy Ward	Hastings Runners
1814	Darren Tuppen	Hastings Runners	1876	Adam Ward	Romford
1815	lee tuppen	Ashford	1877	Matthew Ward	Romford

1879	Nikki Ward-Smith	Hailsham Harriers	1941	Herber Willem	Den Haag
1881	Asa Waring	Wadhurst	1942	Maddie Willems	Rye
1882	Joanna Waring	Rye	1943	Michael Williams	LABC Runners
1883	Matt Warne	St. Leonards-on-Sea	1944	Paula Williams	Gillingham
1884	Claire Warnes	St. Leonards-On-Sea	1945	Kathryn Williams	Uckfield Runners
1885	Freddie Warren	Hastings	1946	April Williams	Worthing
1886	Austin Warren	Seaford Striders RC	1947	Kale Williams	Hastings
1887	John Warren	Oxted Runners	1948	Naomi Williams	Hastings
1888	Ian Waters	Bexhill-on-Sea	1949	Guy Williams	Heathfield Runners
1889	Victoria Watkin Jones	Hastings Runners	1950	Faye Williams	Battle
1890	Emma Watkin Jones	Hastings	1951	Nick Williamson	St Albans
1891	Georgia Watson	St. Leonards-on-Sea	1952	Sarah Willingham	Rebel Runners
1892	LR Watson	London	1953	Josie Wilson	Medway
1893	Geoff Watson	Lewes AC	1954	Kristen Wilson	London
1894	Barbara Wattiez	St leonards on sea	1955	Celia Wilson	St. Leonards-on-Sea
1895	Harriette Watts	Bexhill-On-Sea	1956	Erica Wilson	Hastings
1896	Peter Waughman	St. Leonards-on-Sea	1957	Jenny Wilton	Hastings Runners
1897	Matthew Webb	Hove	1958	Jared Wiltshire	Ashford AC
1898	Dominique Webb	Crystal Palace Fun Runners	1959	Sabrina Wimmer	St. Leonards-on-Sea
1899	Chris Webb	Eastbourne	1960	Grant Winborn	London
1900	Kimberley Webb	Hastings	1961	Kyrsty Winch	Fordy Runs Running Club
1901	Annabel Webb	Rye	1962	Benjamin Windsor	Hastings
1902	Rebecca Webbe	Hastings	1963	Chloe Winham	London
1903	Helen Weeden	Ashford and District RRC	1964	Karin Winlof	Ashford
1904	Matthew Weeks	Winchelsea	1965	Hannah Winnett	London
1905	Eileen Welch	Crowborough	1966	Silvana Kroni	Maidstone
1906	Matthew Welch	Hastings	1967	David Witcombe	Bexhill-On-Sea
1907	Oliver Welch	Crowborough Runners	1968	Stuart Withers	Hastings Runners
1908	Hannah Welch	Hastings	1969	Benjamin Witton	Brighton
1909	David Welfare	Petts Wood Runners	1970	Paul Wood	Sutton
1910	Samantha Welfare	Hastings Runners	1971	Susanna Wood	Shoreham-by-Sea
1911	Richard Weller	Cranbrook	1972	Alison Wood	Hastings Runners
1912	Timothy Wellman	Hastings	1973	Mark Wood	St Leonards on sea
1913	Lisa Wells	Crowborough	1974	Bethany Wood	St Leonards-on-sea
1914	Harry Westbrook	Hastings	1975	Paul Wood	Rye
1915	Debbie Weston	Crawley	1976	Eleanor Wood	Hastings
1916	David Wharton	Battle	1977	Dave Wood	Hastings Runners
1917	Aimee Whatford	Meads Runners	1978	Mary Woodfear	Battle
1918	Howard Whatford	Heart & Sole Running	1979	Lewis Woodhouse	St. Leonards-on-Sea
1919	Peter Wheeler	Tunbridge Wells	1980	Clare Woodward	Tunbridge Wells
1920	Gemma Wheeler	St. Leonards-on-Sea	1981	Maria Woodward	Orpington
1921	Jenny Whelan	Hastings	1982	Alys Woodward	Hastings Runners
1922	Kevin Whitby	Folkestone Running & AC	1983	David Woppard	Hastings Runners
1923	Nick Whitcher	Bexhill-On-Sea	1984	Steven Wootton	Heathfield Runners
1924	Christopher White	Hastings Runners	1985	Nick Worlock	Hastings
1925	Charles White	Rye	1986	Gabrielle Worsell	Rochester
1926	Sam White	Hastings	1987	Fleur Wright	Kettle & Belle Run Club
1927	Jess Whitehouse-Lowe	Warwick	1988	Lucy Wright	Eastbourne
1928	Joe Whiting	Lewes Athletics club	1989	Sean Wright	Hailsham
1929	Ellie Whittaker	Hastings	1990	Philip Wright	Hailsham
1930	Lucy Whitticase	Graveney Running Club	1991	J Wright	Run Wednesdays
1931	Terry Whyman	Bexhill	1992	Gail Wright	St. Leonards-On-Sea
1932	Karina Wieckowska	Eastbourne	1993	Thomas Wright	St. Leonards-On-Sea
1933	Rachel Wigmore	HY Athletic Club	1994	Adam Wydrzynski	Bexhill-on-Sea
1934	Charlotte Wilde	Eastbourne	1995	Hannah Yates	Crystal Palace Fun Runners
1935	Claire Wilder	Peacehaven Run Club	1996	David Yates	Worthing
1936	Rosalind Wilkins	Run Wednesdays	1997	Joseph Yee	London
1937	Kimberley Wilkins	Bexhill-on-Sea	1998	Ann York	Kent AC
1938	Nick Wilkins	Eye Community Runners	1999	Mickey Young	Battle
1939	Matthew Wilkinson	Robertsbridge	2000	Chris Young	Brighton
1940	Jake Willard	St. Leonards-on-Sea	2001	Linda Young	St. Leonards-on-Sea

2003	Stuart Young	Hastings	2064	Damien Mills	Eastbourne
2004	Janice Young	Hastings Runners	2065	Ben Muggridge	Hastings Runners
2005	Kenan Yusuf	Bexhill-on-Sea	2066	Kieron Murphy	Eastbourne
2006	Ola Zdzieblowska	White Cliffs Athletic & RC	2067	Arthur Myrott	Ashford
2007	Jonathan Zinn	Eastbourne	2068	Maria Newstead	Hastings Runners
2008	Paul Zipperlen	Bexhill Runners & Triathletes	2069	Baxter Orchard	Hastings
2009	Sonia Appleton	Bexhill-on-Sea	2070	Neil Partrick	Crowhurst
2010	Harry Ash	Hastings	2071	Harry Pennells	Etchingham
2011	David Aspital	Ruislip	2072	Karin Penning	Royal Tunbridge Wells
2012	Danielle Aspital	St. Leonards-on-Sea	2073	Jacqui Phazey-Baines	Manchester Frontrunners
2013	Boris Atanasov	Hastings Runners	2074	Andy Pilbeam	Polegate
2014	Roger Bick	St. Leonards-on-Sea	2075	Pas Pillay	Battle
2015	Paula Bilsby	Hastings	2077	Tony Potter	Maidstone Harriers
2016	Sara Blackford	Bexhill	2078	Kerri Reader	St. Leonards-on-Sea
2017	James Boyes	Seaford	2079	Hal Robertson	Eastbourne
2018	Kate Bridgett	Hastings	2080	Theo Rogers	Etchingham
2019	Jesse Buckle	Hastings	2081	Chris Rowe	Worthing Harriers
2020	Jonathan Buckmaster	Hastings	2082	Andy Ruffell	Hailsham Harriers
2021	Peter Burfoot	Wadhurst Runners	2083	Liviu Rugasan	Polegate
2022	Dan Burke	Barnet	2084	Philip Sargeaunt	Tunbridge Wells
2023	Arrianne Callow	Hastings Runners	2085	Kevin Scanlon	Tunbridge Wells
2024	Alejandro Casado	Twickenham	2086	Jacqueline Scott	Hastings Runners
2025	Lewis Challen	St. Leonards-on-Sea	2087	Hannah Seal	Battle
2026	Marcus Cherrill	Eastbourne	2088	Hannah Sheppard	Battle
2027	Scott Cornes	Tunbridge Wells	2089	Keith Shevlin	Milton Keynes
2028	Chelsea Cox	New Romney	2090	Ben Smith	Battle
2029	Adam Crisp	Rye	2091	Rachel Smith	Folkestone Running & AC
2030	Jack Davidson	Hastings	2092	Craig Spooner	Brockland
2031	Marina Davies	Eastbourne Rovers AC	2093	Rocco Stait	Bexhill-on-Sea
2032	Mark Timothy Dean	Hastings	2094	Fay Stevensova	RunWednesdays
2033	Andrew Dunton	Sheerness	2095	Michaela Stringer	Run Wednesdays
2034	Frazer Ellis	St. Leonards-on-Sea	2096	Katie Urquhart	Eastbourne
2035	Sara Emery-Hill	Rye	2097	Bart Vandendriessche	Loopclub Grijksloke
2036	Luke Evans	Hastings Runners	2098	Margit Veresne Balazs	St. Leonards
2037	Henry Francis	Pevenssey	2099	Petr Vondras	Bexhill-on-Sea
2038	Francis Francis	Eastbourne	2100	Benjamin Williams	St. Leonards-On-Sea
2039	Tom Giles	St. Leonards-on-sea	2101	Connor Winks	London
2040	Dan Gillespie	Hastings	2102	Scott Wishart	Sevenoaks
2041	Chris Goodhew	Heathfield	2103	James Withams	Haverhill Running Club
2042	Ian Goodwin	Eastbourne Run Wednesday	2104	Julie Wright	Eastbourne
2043	Emma Gore	St. Leonards-on-Sea	2105	Martin Yardley	Tunbridge Wells Harriers
2044	Daniel Hamilton-Lee	Heathfield	2106	Julie Young	High Wycombe
2045	Jack Harris	Poole	2107	James Adams	St Leonards-On-Sea
2046	Catherine Hennelly	Eastbourne	2108	Al Siyadi	Eastbourne Rovers AC
2047	Thomas Henry	Lliswerry Runners	2110	Jim Allchin	Kent AC
2048	Jenn Hodd-Adams	Eastbourne	2111	James Anderson	Beginners2Runners
2049	Damian Hodges	Royal Tunbridge Wells	2112	Heidi Appleton	Rye
2050	Fay Holland	Bexhill-on-Sea	2113	Tim Archer	Hastings Athletics
2051	Rosalind Hunter	Tunbridge Wells Harriers	2114	Martin Ayling	Hastings
2052	Kane Joseph	Tunbridge Wells	2115	Liudas Balazas	Hastings
2053	Harvey Keene	Hook	2116	Harry Banks	Bounding Bandits
2054	Carl King	St. Leonards-on-Sea	2117	Brian Barley	Heathfield Runners
2055	Joe Land	Eastbourne	2118	Aaron Bartholomew	Hastings
2056	Jennifer Lee	Hawkhurst Walkers 2 Runners	2119	Karl Beaney	Hastings Runners
2057	Kristofer Lindeck	Brighton	2120	Jamie Beard	St. Leonards-on-Sea
2058	Michael Lockwood	Eastbourne	2121	Liam Beaton	St. Leonards-on-Sea
2059	Claire Lowry	St leonards on sea	2122	Stanley Bebb	Tunbridge Wells
2060	John Marcroft	Hastings	2123	Kelly Belcher	Hastings
2061	Tracy Mendy	Rye	2124	Tim Bell	Hastings
2062	Fara Mendy	Rye	2125	Luc Bellerose	Hastings
2063	Chris Meredith	Bexhill-on-Sea	2126	Mike Benton	St. Leonards-on-Sea

2127	Mark Best	Orpington	2157	Paul Crawley	Maresfield
2128	Sam Bing	London	2158	Jess Crook	Hailsham
2129	Lucy Blewett	Hove	2159	Ellie Crotch	Hastings
2130	Edward Booth	St. Leonards-on-Sea	2160	Aidan Croucher	Hastings
2131	Christopher Booth	Battle	2161	Cate Crowe	Eastbourne
2132	Simon Bourne	Wadhurst Runners	2162	Mark Currah	Wadhurst Runners
2133	Tommy Bowen	Hove	2163	Maria Davies	Brentford
2134	Stuart Boyd	Hassocks	2164	Jack Davies	Hastings
2135	Ian Boyle	Hastings	2165	Sarah Day	Hailsham Harriers
2136	Brett Brett	Hastings Runners	2166	Cristina Dearle Johnson	El Portil
2137	Catherine Bright	Battle	2167	James Dickson	Folkestone
2138	Rhys Brooks	Tunbridge Wells	2168	Christopher Doherty	Hailsham Harriers
2139	Nicholas Brooks	Hastings	2169	Ariane Duncan	Hastings
2140	Lisa Buchanan	HY Athletic Club	2170	Jim Easton	St. Leonards-on-Sea
2141	Fiona Bugler	Brighton Phoenix	2171	Sean Edmunds	Hastings Runners
2142	Clio Burton	Salisbury	2172	Emma Edmunds	Hastings
2143	Jessica Buss	Rye	2173	Joe Elliott	St. Leonards-on-Sea
2144	Maria Camacho	Rogue Runners	2174	Rob Evans	Clwb Arth
2145	Max Carpenter	Dover	2175	Patrick Everard	Tonbridge
2146	Adam Carter	Eastbourne	2176	Nick Farley	Seaford Striders RC
2147	Ben Clahane	Hastings	2177	Tony Ferguson	WTC
2148	Ben Clark	St. Leonards-on-Sea	2178	Todd Fitz-Hugh	HY Athletic Club
2149	Dan Clarke	Maidstone	2179	Dylan Foster	St Leonards on sea
2150	Charlotte Clayton	Hastings	2180	Stanley Fowler	Seaford
2151	Alice Cole	Hastings	2181	Karel Franzé	Coulsdon
2152	Reece Coleman	St. Leonards-on-Sea	2182	Jo French	Hastings Runners
2153	Lorin Colwell	Hastings	2183	Jessica Funnell	St Leonards On Sea
2154	Anthony cooper	Bexhill-on-Sea	2184	Leigh Gammon	Rye
2155	Sam Cornelius	Hastings	2185	R Gardiner	Run Wednesdays
2156	Peter Cox	Maidstone	2186	Louise Garnham	Lewes



2187	Mitchell Gates	Bexhill-on-Sea	2248	Mark Mackenzie	Clwb Arth
2188	Sam Gill	WTC	2249	Krystyna Majewska	Hove
2189	Catherine Golding	St. Leonards-on-Sea	2250	Patrick Mamnone	Hastings
2190	Andrew Goodall	The Mighty Bush	2251	Joshua Mann	Hastings
2191	Lola Graham	Hastings	2252	Jem Marcroft	Hastings
2192	nigel lake	Saints & Sinners	2253	George Marshall	Hastings Runners
2193	Becky graves	Pevensey	2254	Nathan Maskell	Eastbourne
2194	George Griffin	Hastings	2255	Dominic Maskell	Eastbourne
2195	Jimmy Gunn	Folkestone	2256	Nathaniel Mason	Crowhurst, Battle
2196	Abigail Haffenden	St. Leonards-on-Sea	2257	Nathan Massini	Heathfield
2197	Simon Haizelden	Vegan Runners	2258	David Mayes	HY Runners
2198	Sophie Hale	Hastings	2259	Kieran Mayhew	Hastings Runners
2199	Mike Hall	Bexley	2260	Lynsey McEwan	London
2200	David Hand	Hastings	2261	Sonny McKenzie	Sussex Premier Health
2201	Ben Harvey	St Leonards	2262	Eleanor Michaelson	London
2202	Richard Hassall	Orpington Road Runners	2263	Herbie Molton	Bexhill-on-Sea
2203	Lucy Hatami	Bexhill-on-Sea	2264	Jon Molton	Bexhill-on-Sea
2204	Jessica Hayward	Hastings Runners	2265	Louise Moor	Hastings Runners
2205	Tim Healy	Polegate	2266	Alison Moore	Eastbourne Rovers AC
2206	Andrew Herbert	St. Leonards-on-Sea	2267	Andrew Moore	Hailsham Harriers
2207	Jenni Hewitt	Tonbridge	2268	Leon Morton	HY Athletic Club
2208	Michael Hilsdon	Fordy Runs Running Club	2269	Paul Nash	St. Leonards-on-Sea
2209	Kimberley Hitchens	Bexhill on sea	2270	Durni Ndhlovu	St Leonards on Sea
2210	Jim Holden	Eastbourne	2271	Ben Nice	Hastings
2211	Isla Houston	Sussex Premier Health	2272	Julia Nice	Hastings Runners
2212	Charlie Howe	St. Leonards-on-Sea	2273	John Nolan	Hastings
2213	Robert Hudson	Manchester	2274	Jack Norton	Pevenssey
2214	Ben Hull	Hastings	2275	Bethany Nunn	Eastbourne
2215	Joe Humbles	Hastings	2276	Scott O'Rourke	Run Wednesdays
2216	Leyla Hussein	Folkestone	2277	Dermot O'Rourke	Eastbourne Rovers AC
2217	Barry Ingram	Bexhill Runners & Triathletes	2278	Harry Orsbourne	St. Leonards-on-Sea
2218	Danielle Jackson	Hastings	2279	Akin Oshoko	St. Leonards-on-Sea
2219	Zsolt Jakab	Halstead	2280	Craig Ottley	St. Leonards-on-Sea
2220	Emma James	St. Leonards-on-Sea	2281	Oyeronke Oyerinde	St. Leonards-on-Sea
2221	Andrew Jay	Bexhill-on-Sea	2282	Luke Paramor	St Leonards on sea
2222	Helen Jenkins	Oxted Runners	2283	Joshua Paramor	St Leonards on sea
2223	Lindsey Jones	Hastings Runners	2284	Sarah Plant	Meads Runners
2224	Doug Jordan	Hastings	2285	Mark Pope	Hailsham Harriers
2225	Ashley Jury	Nora Runners	2286	Mark Pottinger	Chelmsford
2226	Nicholas Kalli	Pulborough	2287	Kieran Price	Hastings Runners
2227	Mantas Kazlauskas	K-Team	2288	Charlene Quinn	St. Leonards-on-Sea
2228	Charlotte Kemp	St Leonards on sea	2289	Alice Ralph	Tonbridge AC
2229	Amos Kemp	Battle	2290	Harry Richardson	Hastings
2230	Ben Kempner	St. Leonards-on-Sea	2291	Annemarie Roberts	Tonbridge
2231	Jack Kilby	Hastings	2292	Nancy Roberts	Hastings
2232	Cameron King	Bethnel Green	2293	Mark Rodrigues	Hastings Runners
2233	Vivi Klenum-Pottinger	Chelmsford	2294	Martina Rosenbachova	Coulson
2234	George Knight	Bexhill-on-Sea	2295	Dale Saxby	Hailsham
2235	Ros Larner	Tonbridge	2296	Sebastian Shapiro	Petersfield
2236	Adam Lawrence	Pevensey	2297	Mike Sherwood	St. Leonards-on-Sea
2237	Becky Lawton	London	2298	Sarah Silver	Collingwood AC
2238	Jacob Lennon-Eaton	Hastings	2299	Lucie Smitalova	Hastings Runners
2239	Guy Lewis	Robertsbridge	2300	Janice Smith	Bexhill-on-Sea
2240	Carl Lewis	Hastings	2301	James Smith	Seaford Striders RC
2241	Harry Lewis	Hastings	2302	Sarah Smith	Battle
2242	Chris Light	Croydon	2303	Matt Smith	Bexhill-On-Sea
2243	Toby Lindsay-Smith	Hastings	2304	Adrian Spencer	Eastbourne
2244	Vanessa Lines	Tonbridge	2305	Ruth Spiller	Hastings Runners
2245	Leanne Litster	Newhaven	2306	Laura Stabeler	Tonbridge
2246	Jack Mabon	Hastings AC	2307	Maria Stanford	Hailsham Harriers
2247	Daisy Mac Williams	Team HDIO	2308	Bruce Steadman	St. Leonards-on-Sea

2309	Guy Stockwell	Brighton	2370	Rachel Hillman	Lewes AC
2310	David Stringer	Run Wednesdays	2371	Lee Hopkins	St. Leonards-on-Sea
2311	Charlie Suckling	Saint Leonards-on-sea	2372	Josh Llewellyn	Crowborough
2312	Ian Sutherland	Paddock Wood AC	2373	Tom Madders	Hastings
2313	Adam Taylor	Arena 80 AC	2374	Geoff Nilsson	Robertsbridge
2314	Jamie Tiltman	Bexhill Runners & Triathletes	2375	Kara Owen	Hastings
2315	Laura Torrance	Hastings Runners	2376	Dave Pascoe	Hazlemere Runners
2316	Billy Trickett	Bexhill-on-Sea	2377	Maresa Pitt	Haywards Heath
2317	Zachariah Turner	St. Leonards-on-Sea	2378	Ella Priestley	St. Leonards-on-Sea
2318	Mark Unsworth	Eastbourne	2379	R Ray	St. Leonards-on-Sea
2319	Iraklis Vachtanidis	Dover	2380	Melissa Samuels	Hastings
2320	Jamie Veksler	Gravesend	2381	Alex Smith	Hailsham
2321	Paul Vidler	Hastings	2382	Danny Strahl	Hastings
2322	Richard Vidler	St. Leonards-on-Sea	2383	Laura Swain	Portslade Hedgehoppers
2323	Dale Vinall	Battle	2384	Michelle Van Der Knaap	London
2324	Joost Vincquier	Loopclub Grijksloke	2385	Simon Weatherley	Hastings Runners
2325	Ashley Vora	Hastings Runners	2386	Lauren Backler	Eastbourne
2326	James Waite	Pevensey	2387	Kieran Baldwin	Pevensey
2327	Jonathan Walczak	Ashford	2388	Beckham Bancroft	Tunbridge Wells
2328	Kate Walker	Longmead Runners	2389	Harvey Barton	St. Leonards-on-Sea
2329	Shae Walsh	Hastings	2390	Krista Barzee	Hastings Runners
2330	Jamie Walters	Tri Tempo Eastbourne	2391	Nathan Bible	HY Athletic Club
2331	Tom Waring	Rye	2392	Billy Blackford	Hastings
2332	John Waterhouse	HY Athletics Club	2393	Jordan Brindley	St. Leonards-on-Sea
2333	Amanda Watson	Ashford Striders	2394	Sonny Brock	Hastings
2334	John Webb	Hastings	2395	Mads Brown	Battle
2335	Charles Webb	Beckley	2396	Catherine Buckland	Eastbourne
2336	Kirsty Weeding	Crowborough Runners	2397	Alex Buckland	Eastbourne
2337	Chris Weeks	Hastings Runners	2398	Martin Burmeister	Hamburg
2338	Sarah Weeks	Hastings Runners	2399	Chris Caplen	Hailsham
2339	Adam Weller	Hastings Runners	2400	Charlotte Carey	Bexhill Runners & Tria
2340	Olivia Wickenden	Seaford Striders RC	2401	Barrie Chubb	Brighton
2341	Holly Wigmore	HY Athletic Club	2402	Tina Coleman	Eastbourne
2342	James Williams	Hastings	2403	Paul Cooke	Pevensey
2343	Karl Wilton-Smith	Eastbourne	2404	Katia Cowley	St. Leonards-on-Sea
2344	Giorgio Wingrove	St. Leonards-on-Sea	2406	Oliver Cox	Hastings
2345	David Winnett	Maidstone	2407	Spencer Crouch	Eastbourne
2346	Samuel Winter	Bexhill-On-Sea	2408	Frankie Cunningham	Bexhill-on-Sea
2347	Thomas Wisden	Faversham	2409	Vicky Dadson	Maidstone
2348	Steven Wood	Hastings Runners	2410	Rachel Day	Bexhill-on-Sea
2349	Catherine Worrall	Bexhill	2411	Barry Deering	Bromley
2350	Valentina Avella	Brighton Phoenix	2412	Alfie Denness	London Heathside
2351	Michael Baker	Hastings	2413	Ian Dixon	Eastbourne
2352	Omar Banton	Hastings	2414	Ronan Donohue	Ashford & District RRC
2353	Kevin Barden	Bexhill-on-Sea	2415	Jasmine Eastman	Hastings
2354	john barnard	Eastbourne	2416	Corron Eaton	St. Leonards-on-Sea
2355	Frank Bebb	Tun wells	2417	Ben Evans	Brighton
2356	Helen Benton	St. Leonards-on-Sea	2418	Becca Fairbairn	Polegate
2357	Oliver Beswick	Crowborough	2419	Paul Gallop	HY Athletic Club
2358	Andrew Bettiss	Bexhill-on-sea	2420	Tom Grimes	St. Leonards-on-Sea
2359	Rhys Biddle	St. Leonards-on-Sea	2421	Esther Grimes	St. Leonards-on-Sea
2360	Gillian Branford	Robertsbridge	2422	Ian Halfpenny	Eastbourne
2361	James Brown	St Leonards on Sea	2423	Stephen Hall	Tonbridge
2362	Dayle Bryant	Ukfield Runners	2424	Lloyd Hatton	London
2363	Gaspar Campello Fuentes	Crawey Saints	2425	Gareth Hutchinson	Seaford Striders RC
2364	Rob Chrystie	Hailsham Harriers	2426	Dan Isted	Hastings
2365	Annie Denny	Tonbridge	2427	Joseph Jackson Blench	Heathfield
2366	David Franks	Tonbridge	2428	Denise Jeffery	Wadhurst Runners
2367	Dominik Golding	Battle	2429	Kai Jerrey	Hastings
2368	Richard Haynes	Haywards Heath	2430	Oliver Jerrey	Hastings
2369	Jade Hilling	Rye	2431	Mili Kacher	Belvedere

2432	Chris Keene	Arena 80 AC	2493	Robert White	Hastings Runners
2433	Neil Kirby	Run Wednesdays	2494	Rebecca Wilson	HY Runners
2434	Kyle Knowles	Hastings	2495	Alice Yates	Rye
2435	Scott Lavocah	Battle	2496	Sophie Wilson	Hastings Runners
2436	Gemma Lawson	Hailsham	2497	Pippa Williams	Worthing Striders
2437	Eric Leenders	Brighton	2498	Dan Watson	St. Leonards-on-Sea
2438	Paul Lindsay	Hove	2499	Klara Waring	Wadhurst
2439	Jack Llewellyn	Crowborough	2500	Ben Tilling	St. Leonards-on-Sea
2440	Simon Lodge	Hastings	2501	Mark Tewkesbury	HY Athletic Club
2441	Paul Loftus	St. Leonards-on-Sea	2502	Kiira Soini	St. Leonards-on-Sea
2442	Chris Lucas	Tunbridge Wells	2503	Joseph Smith	Vegan Runners
2443	Katherine Lynch-Watson	Hastings	2504	Gary Smith	Oxted Runners
2444	Steve Machin	Hastings	2505	Tanya Smale	Sevenoaks
2445	Sophie Machin	Hastings	2506	Julie Skeffington	Lewes
2446	Luke Martin	Snodland	2507	Natalie Seymour	Thames Hare & Hounds
2447	Susan Martin	Vegan Runners	2508	Anthony Scott	Folkestone Running & AC
2448	Katherine McCorry	Lewes Athletics club	2509	Lewis Rowe	Kettle & Belle Run Club
2449	Stephanie McCrossan	Hailsham	2510	Jeff Readman	Lewes
2450	Ellie Miller	Hastings Runners	2511	Deborah Read	HY Athletic Club
2451	Callum Muir	Romney Marsh	2512	Paul Read	Hastings
2452	Jonathan Mullis	Hastings	2513	Roberto Proietti	Hailsham Harriers
2453	Claire Nelson	London	2514	Susie Prescott	St. Leonards-on-Sea
2454	Peter Newstead	Bexhill Runners & Tria	2515	Richard Poole	Maidstone
2455	Michele Nixon	Crawley Saints and Sinners	2516	David Perry	St. Leonards-on-Sea
2456	Sally Northrop	Pevenssey	2517	Ben park	St. Leonards-on-Sea
2457	David Oldfield	Hastings Runners	2518	Charlie Oliver	Hailsham Harriers
2458	Elliott Oshoko	Hastings	2519	Kevin Morris	Crawley
2459	Jacqueline Patton	HY Athletic Club	2520	Oliver Maxey	Eastbourne Rovers AC
2460	Sam Pearce	Heathfield	2521	Patrick Marsden	HY Athletics Club
2461	Mark Phillips	Bexhill-On-Sea	2522	Rebecca Mabon	Rye Runners
2462	Stuart Piper	HY Runners	2523	Vanessa Lucioni	Eastbourne
2463	Sergejs Popovs	London	2524	Mike Lambert	Seafront Shufflers
2464	Callum Press	Hastings	2525	ian king	Ashford
2465	Sophie Ramsden	Hastings AC	2526	David Kellitt	Hastings Runners
2466	Yock Lin Richardson	Hastings Runners	2527	Catherine Jones	Hastings
2467	Matthew Richmond	Etchingham	2528	Kingsley Jollands	Royal Tunbridge Wells
2468	Howard Scholes	Eastbourne	2529	Bryan Johnston	St. Leonards-on-Sea
2469	Dominic Sharp	Greenwich	2530	Ian Jarvis	Robertsbridge
2470	Katie Sharrad	Maidstone	2531	Sonja Jackman	Seaford Striders RC
2471	Elena South	Eastbourne	2532	Kevin Ives	Southampton
2472	Eleanor Stebbing	Hove	2533	Tom Horscroft	Brighton and Hove AC
2473	Elliott Stokes	Hastings	2534	Simon Hodges	Hastings
2474	Lee Stoodley	Tonbridge	2535	George Harris	Arena 80 AC
2475	Jason Surridge	Bexhill-on-Sea	2536	Dan Harmer	London
2476	Gary Taylor	Peacehaven Run Club	2537	Kevin Harbottle	Sara Lee Trust
2477	Rosemary Thornber	Fareham Running	2538	Morgan Ham	St. Leonards-on-Sea
2478	Keely Tilbury	Hastings	2539	Daniel Haines	Hastings
2479	Braden Tilbury	St. Leonards-on-Sea	2540	kim goodsell	Rye
2480	Jason Tilbury	St. Leonards-on-Sea	2541	Marianne Godon	Leeds
2481	Michael Titherington	Run Wednesdays	2542	Lance Gardner	East Grinstead
2482	Alfie Townend	St. Leonards-on-Sea	2543	Scott Fowle	St. Leonards-on-Sea
2483	Sophie Trouse	Bexhill-on-Sea	2544	Lee Evans	Ticehurst
2484	Bronwyn Tully	Peacehaven Run Club	2545	Sophie Elion	St. Leonards-on-Sea
2485	Stephen Tully	Peacehaven Run Club	2546	Simon Dipple	Lonely Goat RC
2486	Eleonora Tully	Peacehaven Run Club	2547	Jonathan Day	Maidstone
2487	Logan Turner	Eastbourne	2548	David Dadson	St. Leonards-on-Sea
2488	Ben Tyler	Kingston upon Thames	2549	Robin Cullander	Pulborough
2489	Julia Vivian	Hastings	2550	Jack Cranford	St. Leonards-on-Sea
2490	Thomas Walker	Ely	2551	Eddie Cornish	Battle
2491	Charlie Walker	Hastings	2552	Emma Copley	Hailsham
2492	Jacob White	Brighton	2553	Katie Conner	

2554	Tsz Yin Cheung	Rochester	Hove
2555	Louisa Champion	Tunbridge Wells Tri. Club	St. Leonards-on-Sea
2556	Renato Cason	London	Saints & Sinners Crawley
2557	David Carter	St. Leonards-on-Sea	Hastings
2558	Martin Breslin	Tonbridge	
2559	Kevin Blowers	Hastings Runners	
2560	Christopher Blackman	Eastbourne	
2561	Dayne Beaumont	St. Leonards-on-Sea	
2562	Shain Barker	St Leonards-On-Sea	
2563	Mick Bacon	Vegan Runners	
2564	Quintin Askes	HY Athletic Club	
2565	Jeffrey Ashman	St. Leonards-on-Sea	
2566	Isaac Andrews	Arena 80 AC	Rye
2567	Hazel Akehurst	Seafront Shufflers	London
2568	Katie Adnams	London	Bexhill-on-Sea
2569	Rosie Adams	Hastings	
2570	Grant Docksey	Bexhill Runners & Tria	
2571	Jess Dyckhoff	Rochester	
2572	Jack Dyckhoff	Rochester	
2574	Samuel Freer	Battle	
2575	Ross Garrett	Folkstone	
2576	Jessica Murphy	Hastings	
2577	John Palmer	Haywards Heath	
2578	Lea Paine	2020 Running Club	
2579	Courtney Adams	Hastings	
2580	Joe Adams	Winchelsea	
2581	Roz Adie	Hastings	
2582	Andy Alabaster	Hastings Runners	
2583	Sue Alabaster	Hastings Runners	
2584	Chris Allen	St. Leonards-on-Sea	
2585	Govindasamy Appadurai	Eastbourne	
2586	Ben Arnold	3D Recruit	
2587	Matthew Barden	Hastings	
2588	Dan Barnes	Heart & Sole Running Group	
2589	Dom Barrow	Pevensy	
2590	Ella Bartlett	Royal Tunbridge Wells	
2591	Darren Barton	St. Leonards-on-Sea	
2592	Suzanne Beale	Maidstone	
2593	Jarad Beaumont	Hastings	
2594	Mike Beaumont	Hastings	
2595	Klare Beecroft	Hastings Runners	
2596	Scott Beeslee	St. Leonards-on-Sea	
2597	Grace Bell	Hastings	
2598	Edward Bennett	St Leonard's on sea	
2599	Andrew Best	Heathfield	
2600	Rhiannon Bevan	St. Leonards-on-Sea	
2601	David Bevan	Lewes	
2602	Matt Binns	Hastings	
2603	Darren Bird	Burgess Hill	
2604	Sophie Bishop	Tunbridge Wells	
2605	Alex Blackman	Team HD10	
2606	Loo Blackman	Winchelsea	
2607	Darren Blackman	Winchelsea	
2608	Belinda Bloomfield	St. Leonards-on-Sea	
2609	Tom Blything	St. Leonards-on-Sea	
2610	Luke Borland	Seaford Striders RC	
2611	Chris Botha	Bexhill-on-Sea	
2612	Dom Boyce	St. Leonards-on-Sea	
2613	Josh Bradford	London	
2614	Catherine Bray	St. Leonards-on-Sea	
2615	Adam Brett	Hastings	
2616	Michala Brisgland	Ashford AC	
2617	Andy Brock		
2618	Carl Brook		
2619	Andrew Bullock	Saints & Sinners Crawley	
2620	Daniel Burgess		
2621	Lee Burns	Eastbourne Run Wednesday	
2622	Natalie Burt		
2623	Lee Butters	Rochester	
2624	Gilberto Cabrita Da Palma	Bexhill-on-Sea	
2625	Amy Capsey	Horsham Joggers	
2626	Tom Chalmers	St. Leonards-on-Sea	
2627	Manami Cheves	Hastings Runners	
2628	Sam Art Chhoeng	Hastings	
2629	Emilia Chittenden	Rye	
2630	Nathan Chu	London	
2631	Sam Clark	Bexhill-on-Sea	
2632	David Clarke	HY Runners	
2633	Denise Clarke	Hastings	
2634	Rosy Clements	Eastbourne Rovers Ac	
2635	Jon Clements	Rachel Bartholomew	
2636	Louie Coglan	Hastings	
2637	Josh Cole	Bexhill on sea	
2638	Darren Collins	St. Leonards-on-Sea	
2639	Sarah Collison	Maidstone	
2640	Heidi Cornwall	Bexhill-on-Sea	
2641	Catherine Crombie	Bexhill Runners & Tria	
2642	Gary Crossan	Hallsham Harriers	
2643	Will Dando	Pevensey	
2644	Adam Davey	Bexhill-on-Sea	
2645	Andrew Davies	Hastings	
2646	Connor Davies	St. Leonards-on-Sea	
2647	Owen Davies	Pashley Plodders	
2648	James De Rin	St. Leonards-on-Sea	
2649	Luisa Di Clemente	Battle	
2650	Joseph Dicken	St. Leonards-on-Sea	
2651	Sular Dicker	Tunbridge Wells	
2652	Patrick Dodge	Stockport	
2653	Roy Donovan	Laindon	
2654	Martin Drabble	Horsham	
2655	Terrance Dulake	London	
2656	Graham Dunn	St. Leonards-on-Sea	
2657	Michelle Dunstall	Eastbourne	
2658	Lisa Ebdon	Brighton Phoenix	
2659	Nick Ede	Rye	
2660	Kerrie Edmonds	East Grinstead	
2661	Ray Edwards	Plumstead Runners	
2662	Stu Edwards	Bonsey lane	
2663	Jimmy Elford	St. Leonards-on-Sea	
2664	Ryan Ellis	Battle	
2665	David Ervine	HY Athletic Club	
2666	Daniel Evans	Hastings	
2667	Cieran Fitzgerald	Hastings	
2668	Thomas Fletcher	Brighton Phoenix	
2669	Bridget Flynn	Oakham	
2670	Sophie Forbes	Hailsham Harriers	
2671	Tom Forristal	Newhaven	
2672	Stacey Foster	HY Athletic Club	
2673	Hayley Foster	HY Athletics Club	
2674	Dean Franklin	Heathfield Runners	
2675	Annette Fry	Hastings Runners	
2676	Katie Fudakowski	Robertsbridge	
2677	Paul Garner	East Grinstead	
2678	Helen Gaunt	Tonbridge AC	

2679	Richard Gibbon	Rye	2741	Jules Lovell	HAC
2680	Wayne Giles	Hastings	2742	Mark Lutman	St. Leonards-on-Sea
2681	Maura Gill	Rockhoppers	2743	Alfie Lyne	St. Leonards-on-Sea
2682	Sam Godwin	Lower Willingdon	2744	Tina Macenhill	Hailsham Harriers
2683	Wojtek Godzisz	St. Leonards-on-Sea	2745	Jessica Macintyre	Seaford Striders RC
2684	Sally Grainger	Hastings Runners	2746	Molly Maguire	Penicuik
2685	Alexander Grant	Tunbridge Wells	2747	Frank Mannerling	Hastings Runners
2686	Clifford Gray	Tunbridge Wells Harriers	2748	Pearl Manser	Beginners2Runners
2687	Chris Grief	St. Leonards-on-Sea	2749	Imogen Matthews	HY Runners
2688	Daniel Grimwood	Paddock Wood AC	2750	Michael Maxwell	Hastings AC
2689	Erik Gt	St. Leonards-on-Sea	2751	Sully Mayhew	Seaford
2690	Bill Guenigault	St. Leonards-on-Sea	2752	Sharon Mayhew	HY Athletic Club
2691	Simon Haddon	Hailsham Harriers	2753	Max McCallion	Hastings
2692	Richard Harrfey	Hastings	2754	Dennis Mccann	Ashford
2693	Sam Harman	Bexhill-on-Sea	2755	Daisy McGeeney Murray	Hastings
2694	George Harris	Battle	2756	Stuart Mckenzie	Run Wednesdays
2695	Jack Harris	St. Leonards-on-Sea	2757	Michael Mercer	Deal
2696	Michelle Harrod	HY Athletic Club	2758	Amanda Miller	Tonbridge
2697	Chris Hartley	Battle	2759	Ryan Moir	Hastings
2698	Jodi Haston	Epsom	2760	Sally Morement	St. Leonards-on-Sea
2699	Chris Hawkes	Born Ready Fitness	2761	Jack Moss	Northiam
2700	Sebastian Hebel	Canterbury	2762	Lamios Munthali	Tunbridge Wells
2701	Russell Hewlett	Seaford Striders RC	2763	Joe Murray	Heathfield
2702	Leigh Hicks	Bexhill-on-Sea	2764	Peter Nagle	Hastings
2703	Kelly Hickson	Hastings	2765	Brad Najair	St. Leonards-on-Sea
2704	Jon hodge	Tunbridge Wells Harriers	2766	Joshua Nice	Hastings
2705	Lyndsey Hollands	Taunton	2767	Adam Nichols	Bexhill-on-Sea
2706	Yasmien Huband	Hastings	2768	Martin Noakes	Hastings Runners
2707	Jamie Hudson	Etchingham	2769	Joshua Noon	St. Leonards-on-Sea
2708	Phil Huggett-Robinson	Hastings	2770	Nick Oldfield	St. Leonards-on-Sea
2709	Rachael Inns	Hastings Runners	2771	stacey paine	Hastings
2710	Melanie Jansen	Bristol	2772	Rebecca Parker	Pevensey
2711	Victoria Jaworski	Hastings	2773	Garry Parsons	Herne Bay
2712	Tim Jennings	Cranbrook	2774	Lydia Pascoe	Ashford
2713	Justin Jirbandey	Hastings	2775	Luke Pennal	Tunbridge Wells
2714	Nick Johnson	Brighton	2776	Shane Peoples	Cranbrook
2715	Alfie Johnstone	HY Runners	2777	Charlie Peters	Leysdown
2716	Libby Johnstone	Hastings	2778	David Pettitt	Uckfield Runners
2717	Adam Kaine	London	2779	Gregg Phillips	Hastings
2718	Jamie Keddie	Uckfield Runners	2780	Sonnii Pine	HY Athletic Club
2719	Rebecca Keeler	Canterbury	2781	Lucy Pollard	Cranbrook
2720	Albert Kemp	Wadhurst Runners	2782	Stephen Power	Hastings Runners
2721	Jimmy Killick	Hastings	2783	Bradley Price	Hastings
2722	Samuel Kilpatrick	Dover	2784	Tom Price	Hailsham Harriers
2723	George King	Kings	2785	James Price-Townsend	St Leonards
2724	Ian King	Ashford AC	2786	Tim Primrose	Bexhill on Sea
2725	Archer King	Ashford	2787	Wendy Quinn	Hailsham Harriers
2726	Mark King	Hastings Runners	2788	Isobel Rann	St. Leonards-On-Sea
2727	Hannah Kipps	Hailsham	2789	Graham Razey	Maidstone
2728	Andy Kirby	Kettering	2790	Richard Reid	St. Leonards-on-Sea
2729	Paul Knight	Canterbury Harriers	2791	Lawrence Richards	Curious Brewery
2730	Jakub Kucharski	St. Leonards-on-Sea	2792	David Rock	St. Leonards-on-Sea
2731	Paul Lambert	Hastings Runners	2793	Leigh Rowley	Rye
2732	Alex Lambert	West Wickham	2794	Ellie Rowsell	TheHiitBX
2733	Nina Lambrou	Hastings Runners	2795	Joshua Rudd	Seaford Striders RC
2734	Georgia Landy	Bexhill-on-Sea	2796	Luke Ruocco	Hastings
2735	Andrew Langford	Ashford	2797	Aaron Sams	Battle
2736	Gianluca Lascano	London	2798	Ollie Sanders	Cambridge
2737	Adam Lawson	Hailsham	2799	Gary Shaw	100 HM Club
2738	Edward Lee	Sheerness	2800	Henry Sheppard	Rye
2739	Kate Lewis	Hastings Runners	2801	Sarah Sheppard	Hastings Runners
2740	Gina Little	Plumstead Runners	2802	Alice Sheppard	Rye

2803	Grace Sheppard	Hastings Runners	2831	Benedetta Ubezio	Hastings
2804	Chris Shoult	Hailsham Harriers	2832	S van Der Werf	Haverhill
2805	Oscar Silburn	Tonbridge	2833	Bradley Virgo	Shoreham Coasters
2806	Kayleigh Skelton	HY Athletic Club	2834	Ryan W	Hastings
2807	Miles Skinner	Hastings	2835	Tom Walker	St. Leonards-on-Sea
2808	Jimmy Sladden	HY Runners	2836	Woody Wall	Hastings
2809	Gary Smith	St. Leonards-on-Sea	2837	Paul Wallis	Maidstone Harriers
2810	Liam Smith	Maidenhead	2838	Claire Walsh	Robertsbridge
2811	Martin Snape	Jess Snape	2839	Henry Ware	Hastings
2812	Steve Snape	St. Leonards-on-Sea	2840	Jacob Watson	Battle
2813	Sahil Sood	Ashford AC	2841	Mark Waughman	St. Leonards-on-Sea
2814	Robert Spencer	Dartford	2842	Andrew Wedmore	Robertsbridge
2815	Toby Stace	HY Athletic Club	2843	Lucy White	Bexhill-On-Sea
2816	Matthew Stephens	Hastings	2844	Colin White	Hastings AC
2817	Basia Stoecker	Bexhill-On-Sea	2845	Tiffany Wigger	Heathfield
2818	Nick Stracey	Tonbridge	2846	Eleanor Wilkes	Heathfield Runners
2819	Neil Strange	TriSpirit Ashford	2847	Sam Willett	St. Leonards-on-Sea
2820	Cherry Taylor	Robertsbridge	2848	Joshua Williams	Tunbridge Wells
2821	Holly Taylor	Tunbridge Wells Harriers	2849	Gemma Winchester	Eastbourne
2822	Wayne Taylor	St. Leonards-on-Sea	2850	James Winder	Hastings Runners
2823	Emma Taylor	Bexhill-on-Sea	2851	David Winston	Ashford AC
2824	Shaun Taylor	St. Leonards-on-Sea	2852	Emily Wolford	Bexhill-On-Sea
2825	Simon Terry	Bexhill-on-Sea	2853	Graham Woolley	Hailsham Harriers
2826	Alice Tigwell	Hastings Runners	2854	Henry Worthington	Hastings Runners
2827	Harry Tivnen	Kent AC	2855	Ashley Wynn	Battle
2828	David Townshend	Hastings Runners	2856	Nicole Yabsley	Hailsham
2829	Samuel Trevena	Bexhill-on-Sea	2857	Jacqueline Youldon	Lonely Goat RC
2830	Col Turner	Hastings Runners			

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33rd Hastings Half Marathon Mini Run 2025

**Entrants as at going to print
Sunday 23rd March 2025**

**Mini Run starts at 10.45a.m. from
Promenade 200 metres West of the Pier
and finishes at Half Marathon
Finishing Line in Sea Road.**



5001	Louie Miller	Battle	5049	Heather Merchant-Hawes	Hitchin
5002	James Anderson	St. Leonards-on-Sea	5050	Lyla Namvar	St. Leonards-on-Sea
5003	Kiki McNaughton	St. Leonards-on-Sea	5051	Roberta Iglesias-Johnson	Hastings
5004	Archie Brassell	Rye	5052	Robert Rattray	London
5005	Ryan Kent	St. Leonards-on-Sea	5053	Lexi Jennings	Hastings
5006	Ashley Fox-Tuck	Battle	5054	Jack Denham	Rye
5007	Harvey Wilson	Hastings	5055	Ocean-Blue Roffe	St. Leonards-on-Sea
5008	Frankie Pillow	St. Leonards-on-Sea	5056	Albie Macey	Bexhill
5009	Louie Brassell	Rye	5057	Jack O'Connor	Hastings
5010	Darcy Cornford	Hastings	5058	Thomas Peart	King's Lynn
5011	Oli Willard	St. Leonards-on-Sea	5059	Issy Morgan	Rye
5012	Jake Merchant-Hawes	Hitchin	5060	Jack Peart	King's Lynn
5013	Toni Webb	Hastings	5061	Olive MacLean	Hastings
5014	Barnaby Denham	Rye	5062	Winston Pemberton Powell	Hastings
5015	Xander Cornford	Hastings	5063	Dylan Waterfall Roberts	St. Leonards
5016	Anna Dieussaert	Oudenaarde	5064	Iris Lumsden	Hastings
5017	Willem Dieussaert	Oudenaarde	5065	Mia Sears	St. Leonards-on-Sea
5018	Isabella Tomas-Love	Hastings	5066	Bohhdan Rafalskyi	Hastings
5019	Mae Donaghey	St. Leonards-on-Sea	5067	Oscar France-Fleitas	Hastings
5020	Emily Geraghty	Hastings	5068	Miley Wigmore	Hastings
5021	Maia Foster	Eastbourne	5069	Lucius Loureiro	Hastings
5022	Harper Fox-Tuck	Battle	5070	William Ryan	Hastings
5023	Florence Condon-Rogers	Rye	5071	Aida Palomares-Dominguez	Croydon
5024	Bill Goodsell	Hastings	5072	Charlie Goodwin	Twickenham
5025	Naomi France-Fleitas	Hastings	5073	Josh Hall	St Leonards on Sea
5026	Macie Saunter	St. Leonards-on-Sea	5074	James Connor	Bexhill-on-Sea
5027	Fearne Goodsell	Hastings	5075	Savannah Tompsett-Semakula	Bexhill
5028	Aiden Larkin	Hastings	5076	Freddie Hopkinson	Hastings
5029	Gene Rafalskyi	East Sussex	5077	Oona Donaghey	St. Leonards-on-Sea
5030	Joshua Goodson	Winchelsea	5078	Wren Pemberton Powell	Hastings
5031	Isla Pratt	Coulsdon	5079	Albert Carter	Hastings
5032	Daisy Goodwin	Twickenham	5080	George Anderson	St. Leonards-on-Sea
5033	Imogen Howe	St. Leonards-on-Sea	5081	Darcee Cripps	High street
5034	Maverick Craddock	Hastings	5082	Tom Chaffin	Hastings
5035	Nathan Dieussaert	Oudenaarde	5083	Tommy Mills	Rye
5036	Ellie O'Connor	Hastings	5084	Parker Thomas	Hastings
5037	Grace Howe	St. Leonards-on-Sea	5085	Blake Parrish	St. Leonards-on-Sea
5038	Max Goodson	Winchelsea	5086	Claudia Hassan	Bexhill-on-Sea
5039	Leonor Iglesias-Johnson	Hastings	5087	Daisy Andrews-Noon	Hastings
5040	Poppy Hornsby	Hastings	5088	Rose Gadsden	Winchelsea
5041	Max Wilson	St. Leonards-on-Sea	5089	Sebastian Serrano	Bexhill-on-Sea
5042	Jacob Foster	Eastbourne	5090	Eleanor Newstead	Bexhill-on-Sea
5043	Theodore Tompsett-Semakula	Bexhill	5091	Cody Mansell	Hastings
5044	Timothy Kokes	Kingston upon Thames	5092	Sam Adams	Eastbourne
5045	Rory Martin	Hastings	5093	Michael Mansell	Hastings
5046	Ella Ryan	Hastings	5094	George Gadsden	Winchelsea
5047	Arthur MacLean	Hastings	5095	Erin Graham	Hastings
5048	Joshua Matthews	Bexhill-on-Sea	5096	Olivia Marshall	Etchingham

5097	Cecilia Cripps	Benenden	5160	Alice Goring	Bexhill-On-Sea
5098	Riley Parrish	St. Leonards-on-Sea	5161	Evie Oakman	Hastings
5099	Jaxon Parrish	St. Leonards-on-Sea	5162	Darcy Clements	Hastings
5100	Honor Cassleton Elliott	Hastings	5163	Ottile Owen	Hastings
5101	Tadhg Pitts	Hastings	5164	Rosie Banham	Hastings
5102	Rafael Serrano	Bexhill-on-Sea	5165	Kobe Knapp	St. Leonards-on-Sea
5103	Albert Mayatt	St. Leonards-on-Sea	5166	Isla Horsman	Icklesham
5104	Izabella Fitz-Hugh	Hastings	5167	Ethan Hazell	Hastings
5105	Maisie Golding	St. Leonards-on-Sea	5168	Wolf Ward	Hastings
5106	Albert Miller	Hastings	5169	Dominykas Bajoras	St. Leonards-On-Sea
5107	Jesse Godfrey	Bexhill-on-Sea	5170	Fred Collins	Heathfield
5108	Zion Okojie	Hastings	5171	Arlo Owen	Hastings
5109	Archie Custerson	Bexhill-on-Sea	5172	Henry Firth	St. Leonards-on-sea
5110	Freya Tiltman	Bexhill-on-Sea	5173	Reggie Doe	St. Leonards-on-Sea
5111	Carlo Bigg	Hastings	5174	Georgie Ostaszewski	Hastings
5112	Herbie Harris	Eastbourne	5175	Rosa Hall	Tonbridge
5113	Oscar Chalmers Elliott	St. Leonards	5176	Jessica Deering	Bromley
5114	Dylan Garbutt	Hastings	5177	Alfie Gofton	Robertsbridge
5115	Ivy Buchanan	St. Leonards-on-Sea	5178	Daniel Deering	Bromley
5116	Courtney-Louise Stacey	Hastings	5179	Emily Kennedy	St. Leonards-on-Sea
5117	Tiggy Cooper	Hastings	5180	Zak Fraia Mora	Hastings
5118	Max Dedman	Hastings	5181	Orrin McNeilly-Palmer	Hastings
5119	Cali Drew	Rye	5182	Matilda Funnell	St. Leonards-on-Sea
5120	Addison Rifat	Hastings	5183	Nikita Sinkunas	St. Leonard's-on-Sea
5121	Eva Ottley	St. Leonards-on-Sea	5184	Rory Gofton	Robertsbridge
5122	Freya Eason	Brighton	5185	William Lawson	Hailsham
5123	Ivy-Grace Allison	Rye	5186	Charlie Funnell	St. Leonards-on-Sea
5124	Harvei-Leigh Burgess	Rye	5187	Jan Fraia Mora	Hastings
5125	Sacha Nice	Hastings	5188	Oskar Heywood	Sittingbourne
5126	Bear Comley	St. Leonards-on-Sea	5189	Lukas Heywood	Sittingbourne
5127	Finn Drew	Rye	5190	Roxy Casey	Hastings
5128	Albert Fitz-Hugh	Hastings	5191	Dylan Cahill	St. Leonards-on-Sea
5129	Finlay Eason	Brighton	5192	Ava Morrissey	St. Leonards-on-Sea
5130	Elize Manning	Hastings	5193	Rosie Ferguson	St. Leonards-on-Sea
5131	Lucas Ridley	St. Leonards-on-Sea	5194	Alfie Smith	Hastings
5132	Rupert Thorn	Battle	5195	Erin McGarvey	St. Leonards-on-Sea
5133	Halliwel Edge	St. Leonards-on-Sea	5196	Harrison Izzard	Hastings
5134	Isla Frere-Smith	Battle	5197	Bianca Fonseca	Hastings
5135	Dewi Edwards	St. Leonards-on-Sea	5198	Joseph Halsey-Carter	St. Leonards
5136	Leo Kearns	St. Leonards-on-Sea	5199	Jenson Adams	Hastings
5137	Maria Serwus	Hastings	5200	Jack Evans	East Sussex
5138	Starla Scott	St. Leonards-on-Sea	5201	Vivien Mannion	Hastings
5139	Henry Campbell	St. Leonards-on-Sea	5202	Jack Bettney	St. Leonards-on-Sea
5140	Xavier Bryndza	Hastings	5203	Dexter Cahill	St. Leonards-on-Sea
5141	Demi Morton	Hastings	5204	Edie McSweeney	Hastings
5142	Vincent Ormond	Hastings	5205	Eva Harwood	Bexhill on Sea
5143	Oscar Bond	Bexhill-on-Sea	5206	Spencer Adams	Hastings
5144	Maxi Duncan	Hastings	5207	Evelyn Colley	Hastings
5145	Florence Preston	Hastings	5208	Tommy Winchester	St. Leonards
5146	Chloe Middleton	Bexhill-on-Sea	5209	Woody Champion	Hastings
5147	Tom Evans	Bexhill-on-Sea	5210	Samuel Halsey-Carter	St. Leonards
5148	Archie West	St. Leonards-on-Sea	5211	Jaycob Halsey-Carter	St. Leonards
5149	Albie Preston	Hastings	5212	Seth Mabon	St. Leonards-on-Sea
5150	Herbert Earle-Henson	Bexhill-On-Sea	5213	Imogen Fitzell	Hastings
5151	Noah Beale	Bexhill-on-Sea	5214	Bella Barrett	St. Leonards-on-Sea
5152	Ayla Rift	Hastings	5215	Fred McSweeney	Hastings
5153	Ted Kearns	St. Leonards-on-Sea	5216	Avery Coxhead	Hastings
5154	Ruby-Mae Hill	Hastings	5217	Jake Winchester	St. Leonards-on-Sea
5155	Ralph Chalmers Elliott	St. Leonards	5218	Adam Smith	Battle
5156	Theo Morton	Hastings	5219	Oscar Gilpin	Hastings
5157	Madeleine Rowlins	Hastings	5220	Indie Horsman	Winchelsea
5158	Reese Muceku	Rye	5221	Kristina Smith	Battle
5159	Bobby Elliott	Tunbridge wells	5222	Emmy Strivens	Bexhill-on-Sea

5223	Eyad Adam	St. Leonards-on-Sea	5286	Logan Negus	Hastings
5224	Elise Smith	Purley	5287	Oscar Lawson	Battle
5225	Poppy Budgen	Hastings	5288	Jaz Freeman	Hastings
5226	Ophelia Adams	Icklesham	5289	Noah Mayhew	St. Leonards-on-Sea
5227	Jasper buss	Battle	5290	Celeste Adams	Winchelsea
5228	Leo Anderson	Bexhill-on-Sea	5291	Hawys Berwyn	Hastings
5229	Seb Doncaster	St. Leonards-on-Sea	5292	Oona Donaghey	St Leonards on-sea
5230	Arabella Harrison	Hastings	5293	Layla McCrae	Bexhill-on-Sea
5231	Connor Wadbrook	Hastings	5294	Wilfie Adams	Hastings
5232	Paige Ansell	St. Leonards-on-Sea	5295	Holly Moore	Hastings
5233	Evelyn Andrews	Hastings	5296	Milo Kofoed	Hastings
5234	Sonny Harman	Hastings	5297	Rainer Clarke Emmerson	Ivychurch
5235	Ivan Applegate	Bexhill-on-Sea	5298	Romy Nazer	Southminster
5236	Kitty Morgan	Hastings	5299	Leo Nazer	Southminster
5237	Oliver Beale-Holt	Crowborough	5300	Matthew Clifton	East Sussex
5238	Eva Beale-Holt	Crowborough	5301	Brody Hills	Hastings
5239	Edwin Chapman	Battle	5302	Cassia Pollock	Hastings
5240	Rafael Andrews	Hooe	5303	Delsie Harman	Bexhill-on-Sea
5241	Matilda Skelton	St. Leonards-on-Sea	5304	Hettie Pringle	Hastings
5242	Isabelle Budgen	HASTINGS	5305	Aurora Webb	St. Leonards-on-Sea
5243	Susanna Wood	Hastings	5306	Sofia Anderson	Bexhill-on-Sea
5244	Willow Lee	Hastings	5307	Ruby Wadbrook	St. Leonards-on-Sea
5245	Dominic Rockett	Bexhill-on-Sea	5308	Brooklyn-Ema Wallis	St. Leonards-on-Sea
5246	Ede Carman	Winchelsea	5309	Joel Robins	St. Leonards-on-Sea
5247	Phee Carman	Winchelsea	5310	Chaise Kingshott	St. Leonards-on-Sea
5248	Jenson Lincoln	Hastings	5311	Nico Fudakowski	Robertsbridge
5249	Joseph Robins	St. Leonards-on-Sea	5312	Cooper Reed	Battle
5250	Summer Jaworski	Hastings	5313	Nancy Collins	St. Leonards-on-Sea
5251	Rudy Elliott	St. Leonards-on-Sea	5314	Amelia Skelton	St. Leonards-on-Sea
5252	Arla Carman	Winchelsea	5315	George Carey	St. Leonards-on-Sea
5253	Marcus Collins	St. Leonards-On-Sea	5316	Sadie Dewsberry	Hastings
5254	Benjamin Mandryko	Bexhill-on-Sea	5317	Isabelle Pillow	St. Leonards-on-Sea
5255	Elsie Shepherd	St. Leonards-on-Sea	5318	Dexter Spiers	Rye
5256	Freya Standen	St. Leonards-on-Sea	5319	Rex Standen	St. Leonards-on-Sea
5257	Elodie Lawson	St. Leonards-on-Sea	5320	Freddie Salmons	Hastings
5258	Leo Mayes	St. Leonards-on-Sea	5321	Griff Mcleod	Hastings
5259	Sam Ellis	Hastings	5322	Charlie Favell	Etchingham
5260	Parker Duffy	Battle	5323	Alex Smith	Bexhill-on-Sea
5261	Jack Wareham	Hastings	5324	Annie Thompsett	Hastings
5262	Ellie Boland	Hastings	5325	Aleen Adam	St. Leonards-on-Sea
5263	Lottie Ellis	Hastings	5326	Harlan-Rain Bridgeland	St. Leonards
5264	Nathaniel Duffy	Battle	5327	Aiden Etherington	Bexhill-on-Sea
5265	Evan Baker	Hastings	5328	Isla Hopkins-Parry	St Leonards
5266	Olivia Collins	St. Leonards-On-Sea	5329	Helena Winter	Hastings
5267	Mae Donaghey	St. Leonards-on-Sea	5330	Nixie Webb	St. Leonards-on-Sea
5268	Anna Fudakowski	Robertsbridge	5331	Emily Moore	Hastings
5269	Leon Fudakowski	Robertsbridge	5332	Theo Weston	Hastings
5270	Amelia Quinn	Hastings	5333	Darcey Mayhew	St. Leonards-on-Sea
5271	George Thompsett	Hastings	5334	Herbie Whittle	Hastings
5272	Anais Pollock	Hastings		Rory Collard	Battle
5273	Oscar Weston	Westfield		Felix Robinson	Hastings
5274	Dexter Baker	Rye		Ellis Baker	St. Leonards-on-Sea
5275	Jacob McMurdo Smith	Battle		Gerard Deeprose	St. Leonards-on-Sea
5276	Hennie Pringle	Hastings		Evie Tunstall	Hastings
5277	Izzy Charlton	St. Leonards-on-Sea		Ivy-Grace Trotman	St. Leonards-on-Sea
5278	Dylan Spiers	Rye		Archie Hustwayne	St. Leonards-on-Sea
5279	Jake Jaworski	Hastings		Louie Hustwayne	St. Leonards-on-Sea
5280	Bella Taylor	Bexhill-on-Sea		Franklin Edmunds	St. Leonards-on-Sea
5281	Grace Herbert	St. Leonards-on-Sea		Kitty McAvoy	St. Leonards-on-Sea
5282	Elijah Kofoed	Hastings		Niamh McAvoy	St. Leonards-on-Sea
5283	Lacie Ansell	St. Leonards-on-Sea		River Warnes	St. Leonards-on-Sea
5284	Lucy Essien	Hastings		Lily Copland	St. Leonards-on-Sea
5285	Katherine Rhodes	Hastings			

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